



Happy 65 to The Cobblers!

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After Party returns to 4th of July Parade

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East Bay Regional Park District Insert in this issue.

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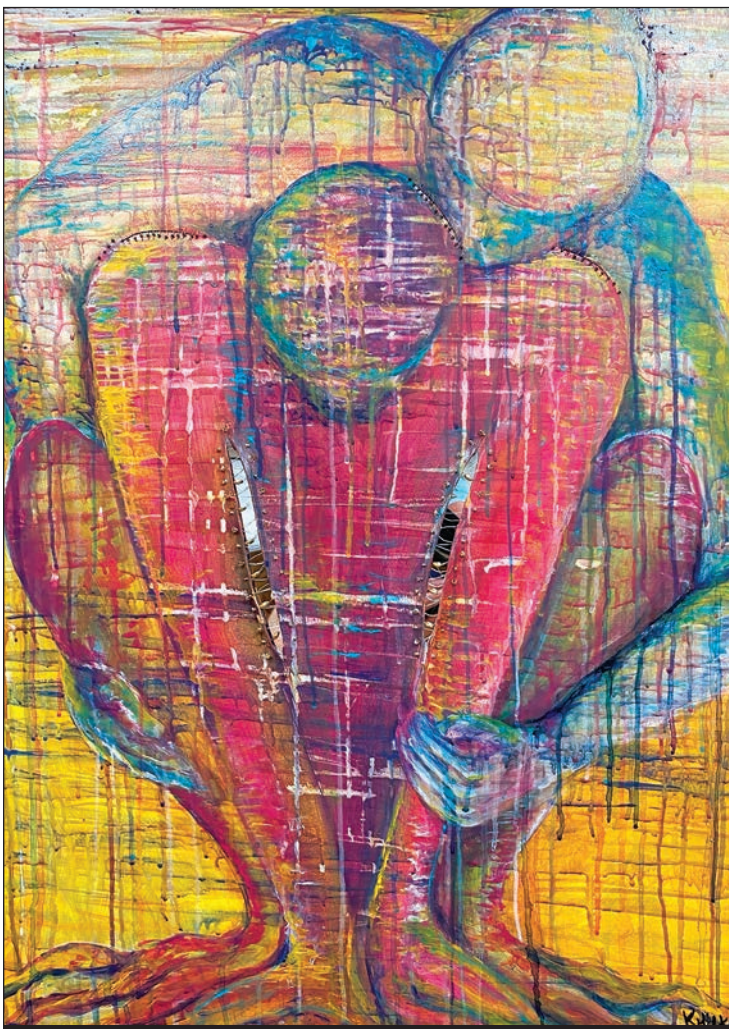
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June 20, 2023

Vol. 22 No. 25



Summer at Sun Gallery: 'Anything Goes'

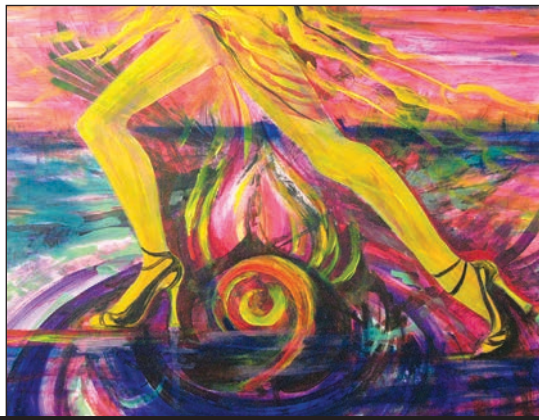
SUBMITTED BY DORSI DIAZ

With over 30 exhibiting artists, Sun Gallery's Annual Members show "Anything Goes" is packed with everything from sculpture by members Paty Sobin & Patra Nesseth Steffes to a plethora of paintings & creations by local artisans, including photography, ink, soft pastels, mixed media, oils and acrylic.

The gallery also has a special exhibit inside its Ken Cook Room with local artists Peter and

Maureen Langenbach, Maureen's mother Constance Dillon, and their granddaughter Kelley Dillon. "The Lagrave Academy" exhibit is an accolade for Constance "Lagrove" Dillon, (1915-2017), mother to Maureen and grandmother to Kelley, for the amazing art she created, and the artistic prowess she passed along to her loving heirs. The Langenbachs say on the collab: "The Sun Gallery members show became the perfect conduit to rekindle all of our passion and desire to create.

continued on page 11



Fremont amateur radio enthusiasts practice annual emergency preparedness exercise

SUBMITTED BY WILL ARTELT
PHOTOS BY STEVE WILSON

On June 24 and 25, Amateur Radio ("ham") operators across the country will leave the comfort of their home-based radio "shacks" for a weekend of emergency preparedness activities called "Field Day." The event is designed to test operators' skills in setting up and operating radio communication equipment in situations where electrical power is limited or unavailable. The idea is to simulate the conditions that can occur during natural disasters; hurricane, earthquake, flood, and man-made.

The event is sponsored by the ARRL—the national association for Amateur Radio—and the first Field Day took place in 1933. During Field Day, operators set up radio transmitting and receiving equipment in local parks, at shopping malls, or even in backyards, and get on the air using



generators, batteries, or solar power to run their equipment. This type of exercise, along with the operators' dedication to public service, allows them to step in and help emergency officials and relief organizations when disaster strikes. Cell phones, the Internet and other communications technologies have yet to replace what Amateur Radio operators can do. They have a long track record of getting the message through when all other systems fail!

In 2023, the South Bay Radio Association (SBARA) will be holding its preparedness exercise at Central Park in Fremont. Central Park is located on Paseo Padre Parkway and Sailway Drive.

There are 761,492 Licensed Amateur Radio operators in the United States, (recorded as of June 7, 2023) including 1,295 Licensed Amateurs in Fremont. There are more than 3 million Licensed Amateur Radio Operators world-wide.

Through the ARRL, ham volunteers provide emergency communications for the Department of Homeland Security, HS Citizens' Corps such as CERT, FEMA, Salvation Army, and hundreds of state and local agencies, all free of any charges.

The public is most cordially invited to come, meet and talk with the hams. See what modern Amateur Radio can do. SBARA can even help you get on the air!

Field Day
Saturday, Jun 24 – Sunday, Jun 25
11 a.m.

Central Park
Paseo Padre Pkwy & Sailway Dr., Fremont
www.sbara.org



I Dream of Color at Olive Hyde Art Gallery

SUBMITTED BY
CITY OF FREMONT

City of Fremont's Olive Hyde Art Gallery proudly presents *I Dream of Color* - a solo exhibition featuring abstract paintings and tufted textiles by San Francisco-based artist Jennifer Banzaca. Banzaca's

artwork explodes with bold colors, bursting shapes, and twisting lines captivating the eye. Inspiration for Banzaca's work often manifests right before or after she wakes. "I have learned to pay close attention to these fleeting moments of inspiration," Banzaca explains.

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Sports Physicals for Student Athletes

Washington Hospital's Sports Medicine Program offers \$20 physicals at Irvington and Newark Memorial High Schools

On Tuesday, July 25, the Washington Sports Medicine Program will be providing pre-participation sports physicals at Irvington High School in Fremont. The following day, Wednesday, July 26, the sports physicals will be held at Newark Memorial High School. Each day, they will be held from 3:30 to 6 p.m. High school athletes of any sport are eligible to attend. To enhance the efficiency of the process, appointments are required. To schedule an appointment, students can see their on-campus athletic trainer or beginning July 5, contact Washington Hospital's Director of Off-site Services, Mike Rogers at Mike_Rogers@whhs.com or 510.818.7320.

"These physicals are required by the California Interscholastic Federation (CIF), but more importantly, we want to make sure these young athletes are healthy enough to play their sport," says Mike Rogers, who is the program manager. "Though we've had our sports medicine program for several years, for the past five years, we've held the physicals at one of the local high schools, rotating locations each time." Rogers notes both the quality of the exam and the convenience to the students and their parents. "These exams cover basic screenings, an orthopedic exam and a physical with a sports medicine physician. Feedback we received from community members was that having them at a high school made it easier on students and parents."

Both the families and the schools benefit. The cost is \$20 (cash or check made out to WHHS), and the proceeds are divided among six local high schools to be used for their individual sports medicine programs. Washington Sports Medicine Program is led by Medical Director, Dr. Russell Nord, who is board-certified in both orthopedic surgery and sports medicine. Certified Athletic Trainers are stationed at each high school



High school student athletes can receive low-cost required physicals July 25 and 26.

and their presence on campus and at sporting events contributes to maintaining the safety of student athletes. "By having someone on-site, an athlete is more inclined to have injuries evaluated earlier. The trainer can determine whether an injury requires further medical attention. Athletes—especially high school students—have a tendency to wait before seeing a physician. This can lead to injury exacerbation and further damage by the time I see them, which often means longer recovery time," says Dr. Nord.

In addition to physicians and athletic trainers, the Washington Sports Medicine Program is staffed with physical therapists who are experienced in helping injured athletes return to their favorite activities with as little downtime as possible.

What to expect at the exam

Students move from station to station. First, student athletes check in and hand in completed, signed, medical history forms. Next, athletes are evaluated with basic screenings: height, weight, blood pressure and vision. Then an athletic trainer will perform an orthopedic evaluation. Finally, each student will meet privately with a sports medicine physician.

Students should wear comfortable clothing including shorts and short-sleeved shirts. The information forms must be completed in advance, including the signature of a parent or legal guardian. Forms are available online at whhs.com/services/sports.

For information on the Washington Sports Medicine Program or to find a

physician or physical therapist, visit www.whhs/sports.

"We want to make sure these young athletes are healthy enough to play their sport," -Director of Off-site Services, Mike Rogers



InHealth

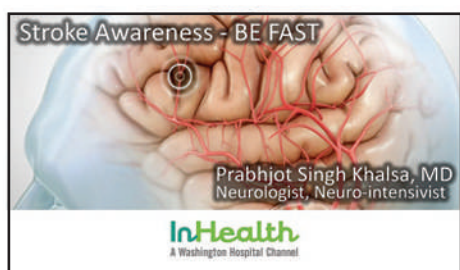
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Stroke BE FAST

Identifying the signs of a stroke may be the difference between full recovery and permanent disability. To benefit you and others, watch this video and learn to BE FAST.



Atrial Fibrillation: Symptoms and Treatment Options

Wednesday, July 26, 1 p.m.

Atrial fibrillation, or AFib, is a type of irregular heartbeat that can be dangerous. Join the seminar to explore the symptoms and treatment of AFib. Also, how to reduce your risk of developing it.

Other Video Topics:

- Joint Pain
- Stroke Awareness
- Washington Township Health Care District monthly board meetings



Heart-healthy Cooking Made Easy

Wednesday, August 16, 2023

Join two registered dietitians for a fun cooking demonstration! Heart-healthy meals can be tasty and easy to make.



Life After Stroke

This Health & Wellness seminar explores the challenges of stroke recovery. The presentation covers possible medical complications and the importance of rehabilitation programs.



Stroke Treatment

Do you know the two types of stroke and what the treatment options are? This short video explores the latest techniques available to patients at Washington Hospital.



Visit Us!

[YouTube.com/whhsInHealth](https://www.youtube.com/whhsInHealth)



The Heartbeat of Good Health

Cardiologist explains AFib at online seminar



According to the Centers for Disease Control and Prevention, as many as 12.1 million in the United States in 2030 will have atrial fibrillation, or AFib, underscoring a growing concern over the condition of irregular heartbeat in our everyday lives.

Almost 500,000 Americans are hospitalized every year because of AFib and yet many who have it may not realize it until they experience some of its telltale symptoms. The more severe warning signs may include palpitations, shortness of breath, fatigue, lightheadedness, dizziness or fainting, and chest pain.

Dr. Nowwar Mustafa is an interventional cardiologist with Washington Township Medical Foundation with a special interest in prevention, diagnosis and treatment of heart attacks and valve problems.

Dr. Mustafa will conduct a Health & Wellness seminar “Atrial Fibrillation: Symptoms and Treatment Options” on Wednesday, July 26, at 1 p.m. This free online seminar will take place on Facebook and YouTube. For information or to

register, visit www.whhs.com/events or call 800.963.7070.

This seminar will cover the causes, symptoms, and treatment of AFib and also explore the changes in lifestyle that can aid in reducing the risk of irregular heartbeats. AFib is a problem in the electricity of the heart. The upper chamber isn't firing at the same time as the lower.

Left unchecked, AFib could lead to heart attack or stroke, which is why Dr. Mustafa said many people are increasingly interested in what to do about it. “Awareness of AFib is rising, probably because we're seeing additional incidents of it now. Also, the public is getting older and AFib is more prevalent as you age.”

Dr. Mustafa continued, “Another reason that awareness has increased is the ready availability of devices like pacemakers, defibrillators and others that monitor heartbeats and AFib. Most people with AFib can lead a normal life. We have ways to treat it, control it, and can cure it with an ablation procedure.” Ablation is a minimally invasive procedure to help break up the electrical signals causing irregular heartbeats.

Improved, advanced medical technology is a valuable tool in discovering AFib. Medical devices can detect it. Smart watches and other wearable medical devices can alert a doctor who can then quickly determine next steps.

“Blood thinners may be needed if there is a risk factor for a stroke. But for some people, all they need is to slow the heartbeat, force it to go back into normal time,” he explained.

Lifestyle Changes

At his presentation, Dr. Mustafa will also address the impact lifestyle changes can have on AFib. He will review factors such as cholesterol levels, high blood pressure, sleep apnea, and obesity. According to Dr. Mustafa, the effect that losing weight has on avoiding developing AFib cannot be overstated, “If someone loses 5-10% of their weight, they cut the risk of AFib by 50%.”

How to Join the Seminar

The July 26 seminar will be available to join live on Facebook by signing in to an account and going to the

facebook.com/WashingtonHosp page. A live view on YouTube is also available at YouTube.com/whhsInHealth and does not require an account.

Questions can be submitted in advance by emailing: CommunityOutreach@whhs.com. Facebook viewers can submit questions live and they will be addressed at the end of the seminar. This seminar, like many previous presentations, will be featured on their YouTube channel the following day.

More about Dr. Mustafa

Dr. Mustafa earned his medical degree at the University of Jordan and served his residency at Indiana University Medical Center. In addition to English, he is fluent in Arabic. He is married to a family physician and has four children. Dr. Mustafa lives in Union City and calls himself “mostly an urban hiker.” He belongs to a hiking group but mostly appreciates walks with his family.

Road to Wellness: Washington Hospital Family Health Fair



Where can you sit in a fire truck, listen to great music and get health information — all in one afternoon?

The Road to Wellness Family Health Fair!

This family-friendly day is sponsored by Washington Hospital and Washington Township Medical Foundation.

- Interactive health and fitness challenges
- First aid demonstrations
- Giveaways
- Touch-A-Truck where kids of all ages can explore utility trucks of all kinds
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HERS Breast Cancer Foundation is a 501(c)3 nonprofit organization, Federal Tax ID #94-3309906.

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**I Dream of Color
at Olive Hyde
Art Gallery**

After receiving her BFA from the Art Institute of Chicago, Banzaca moved to New York and worked as a digital designer for animation studios such as Disney and Nickelodeon as well as in children's book publishing. She later moved to San Francisco where she continues her artistic practice, today.

Although Banzaca's paintings have been featured in many exhibitions including internationally, this is the first exhibition in which Banzaca will feature her tufted textiles. She began creating her tufted pieces in 2022, studying and developing her tufting technique. Banzaca will be giving a tufting demonstration hosted by Olive Hyde Art Guild Thursday, July 13 from 11 a.m. - 1 p.m. at Olive Hyde Art Center. Visit olivehydeartguild.org to register. This is a free event and membership is not required to register or attend.

I Dream of Color exhibition will run Thursday,

June 15 - Saturday, August 5 at The Olive Hyde Art Gallery. The virtual exhibition is available for online viewing at bit.ly/FremontOHAG. All are invited to the *I Dream of Color* gallery reception Friday, June 23 from 7 p.m. - 9 p.m. to meet the artist and enjoy the night with fellow art enthusiasts. Admission is free.

**I Dream of Color
Thursday, Jun 15 - Saturday,
Aug 5**

**Gallery Reception
Friday, Jun 23
7 p.m. - 9 p.m.**

**Tufting demonstration
Thursday, Jul 13
11 a.m. - 1 p.m.**

**Thurs - Sun; 12 noon - 5 p.m.
Olive Hyde Art Gallery
123 Washington Blvd, Fremont
(510) 791-4357
<https://olivehydeartguild.org/>**




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MON - THUR 10:00AM - 2:00PM

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Open to all Fremont, Newark & Union City Children, ages 5-12
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Lunch & Snacks are provided every day through the Newark Unified School District and the Federal Free Summer Lunch program. Weekly Menus may vary. Nutrition information will be provided. Morning healthy fruit and veggie Snacks are always available to children at the Park.

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All park employees are over the age of 15, 18+ are background checked. 13-15 year olds may volunteer.

Volunteers are supervised by adults, and never left alone with any child. **Sorry - no before or after care.**

Volunteer signups begin May 1st. Call LOV for Park Staff info & Summer Camp Employment information.

HOW TO REGISTER

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- Complete & return the registration form
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(510) 793-5683 - www.lov.org - lov@lov.org

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Leadership Fremont celebrates renovation work at Abode Services Shelter

SUBMITTED BY
CHRIS DE BENEDETTI

Leadership Fremont 2023 joined Abode Services on Tuesday, June 13 for a ribbon-cutting ceremony to celebrate the renovation of multiple sections of Sunrise Village Emergency Shelter — a Tri-City-area facility that provides temporary housing, services, and meals to dozens of individuals and families.

The Leadership Fremont class, an annual program led by Fremont Chamber of Commerce, renovated an outdoor playground area and indoor family room, which are now open to shelter residents. Class members raised more than \$34,000 for the project, partnering with community sponsors to buy and build furniture, playhouses, artwork, planters, a video gaming system for indoor exercise, and more.

Abode Services is a nonprofit organization whose mission is to end homelessness in the Bay Area. Fremont

Chamber of Commerce's Leadership Fremont program gathers a diverse cross-section of local leaders to volunteer their talents and help meet community needs. The yearly program focuses on building personal leadership skills while gaining understanding about complex local issues and how to effect change and drive solutions for the region.

Kayla Gupta, a Leadership Fremont 2023 member and community outreach manager for Washington Hospital Healthcare System, said this year's class partnered with Abode Services to make a positive impact in the community.

"Our Leadership Fremont Class fully believes in the important services that Abode offers," Gupta said. "Through our partnership to revitalize the outdoor play area and indoor family room of Sunrise Village, we have created a welcoming environment where children and families can thrive. We believe that by working together, we can create positive change and make a real difference in the lives of those who need it most."

The program's community partners include Washington Hospital Healthcare System, Washington Township Medical Foundation Center, Learn and Play Montessori School, Kaiser Permanente, Kiwanis Club of Fremont, Ashley Furniture, Washington Hospital Employees' Association, Edit One Productions, Mission Valley ROP, and the Office of Alameda County Supervisor David Haubert.

Leadership Fremont selected Abode Services as its project recipient after interviewing local nonprofit groups.

"We deeply appreciate Leadership Fremont's efforts to improve our emergency shelter," said Abode Services CEO Louis Chicoine. "This project illustrates their commitment to the region, as it will strengthen the community and improve the lives of our shelter residents."

The Leadership Fremont Class of 2023 members are:

- Caroline Abellar, Alameda County Water District

- Matthew Arterburn, Kaiser Permanente
- Tara Bhuthimethee, City of Fremont
- Cortne Bui, Kaiser Permanente
- Michael Claassen, Royal Ambulance
- Kayla Gupta, Washington Hospital Healthcare System
- Christopher Jensen, Ohlone College
- Lindsey Knight, Fremont Chamber of Commerce
- Kenneth Kwok, City of Fremont, Police Department
- Stephanie Nevins, Alameda County Water District
- Carson Robles, City of Fremont, Community Service
- Jeffrey Van Dorn, Washington Township Medical Foundation
- Jessica Wakamatsu, City of Fremont, Police Department

For more information, visit abodeservices.org.

City of Milpitas & Milpitas Adult Education collaborate on workforce development

SUBMITTED BY
MILPITAS UNIFIED SCHOOL DISTRICT

On Wednesday, June 8, Milpitas City Council unanimously approved an American Rescue Plan Act (ARPA) Workforce Development grant of \$30,000 to launch the Milpitas Adult Education (MAE) Career Training Center.

"The success of our local economic growth is directly linked to the expansion of our adult education program," said Milpitas Unified School District (MUSD) Superintendent Cheryl Jordan. "This aligns with MUSD Strategic Goal #3 to develop educational pathways that allow students to develop their passion in pursuit of their future careers."

MUSD's adult education program provides academic classes for English Language Learners, high school credit recovery, GED, high school diploma, and other services to secondary school and adult students. The addition of the Career Training Center will be a key component of the programs and services to be offered at the new MUSD Innovation Campus. Phase I of the MUSD Innovation Campus will open Fall 2023.

Model Trains at Niles Depot

SUBMITTED BY TRI-CITY SOCIETY OF MODEL ENGINEERS

On Sunday, June 25, Tri-City Society of Model Engineers will host their 11th annual open house. The event will involve two model railroads, model amusement park, kids' layout, and model railroad equipment for sale.

Model Railroad 11th Annual Open House
Sunday, June 25
10 a.m. – 4 p.m.

Niles Depot and Freight Building
37592 Niles Blvd., Fremont
Admission: \$5 adults; kids 12 and under free
www.nilesdepotmuseum.org



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Students excel at Science Fair

SUBMITTED BY
ANOUSHKA KOLLURU
PHOTOS BY RIHANA CANIO

On Saturday, June 10, students gathered to show off their STEM skills at Union City Library, thanks to the hard work of local high school students who want to encourage younger learners and increase their access to STEM education.

"We understand that STEM can appear intimidating initially, but we sincerely hope that your experience at the fair was not only enjoyable but also enlightening, enabling you to uncover new dimensions of your passions and interests in STEM," said Anoushka Kolluru, Founder and President of FemmeInSTEM and STEMBudz.

FemmeInSTEM provides STEM education for girls in elementary school, teaching Python and Scratch, and even offering scholarships. FemmeInSTEM and STEMBudz work with local schools,

especially Title 1 schools, helping kids gain interest in STEM. STEMBudz is a club at James Logan High School that helps elementary students in Title 1 schools participate in the Math Olympiad. They host weekly online meetings, teaching 3rd to 5th graders high-level math concepts and coaching them for five months through the five Math Olympiad tests.

Due to the pandemic, many Tri-City schools had to put events on hold. Recognizing an opportunity to revive these initiatives, the team consulted with local parents, and gained support for putting on a science fair. After four months of planning, the two organizations held a joint science fair at Union City Library on Saturday, June 10.

Over the past three months, students from James Logan and Irvington High School mentored elementary students (grades K-5) from NHUSD, FUSD, and NUSD to develop projects in biology, Chemistry, Physics and robotics.

Says Anoushka Kolluru, "Our aim was to create projects that were both accessible and impactful, allowing the students to demonstrate their knowledge in these areas."



L to R: Anika Rustagi, Anoushka Kolluru, Rihana Canio, Sharika Pattanshetty

At the fair, students showcased over 40 projects to be judged by professionals in different STEM fields. Highlights included multiple handmade roller coasters, a Planter Robot, elephant toothpaste, and code to produce music.

Mahdi Fugfugosh from California Senator Aisha Wahab's office attended the fair as a special guest. He awarded a certificate of recognition from Senator Wahab. Said Fugfugosh to attendees, "Your

state senator did learn about this event and she was intrigued. Not only did she make one of her representatives attend but she did also present them with a certificate recognizing [the students'] hard work and dedication. It is very very impressive."

Union City Library
<https://aclibrary.org/locations/ucy/>



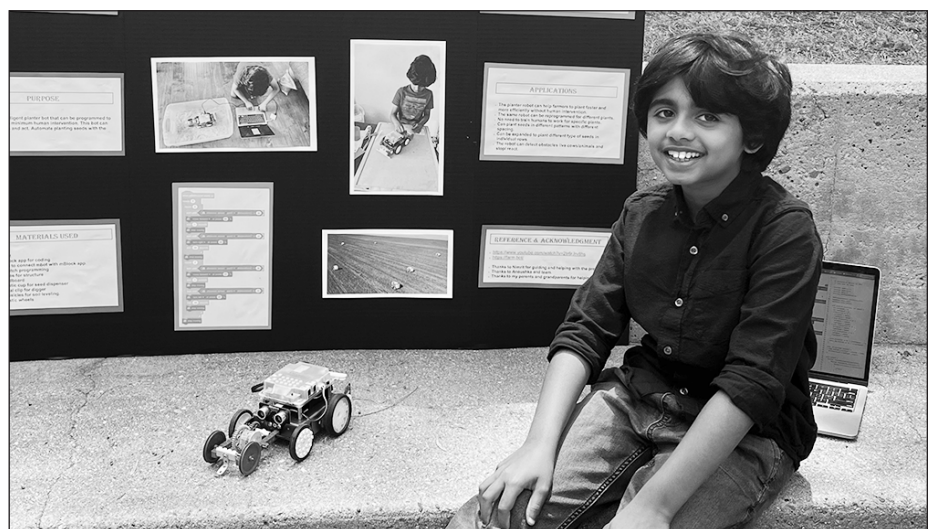
K-2nd Grade students



Meera Bothra K-2nd 1st place winner



3rd - 5th Grade students



Raihaan Paravatty 3rd-5th 1st place

Greater Irvington / Central Fremont Urban History Hike



SUBMITTED BY
WASHINGTON TOWNSHIP MUSEUM OF
LOCAL HISTORY

On Saturday, June 24, join a six-mile hike around Fremont's wonderful historic urban and rural areas. The hike begins at Irvington Plaza Park at 10 a.m., with an option for a group hike or self-paced, using a guide with directions (available at the check in table).

Beginning at historic downtown Irvington (Five Corners) at the intersection of Washington and Fremont Boulevards, we will find a new urban trail leading to Central Park's Nature Trail, then on to the jewel of Fremont, Lake Elizabeth, to see the newly constructed flood control water channel and maybe catch a glimpse of the BART train as it dives into the tunnel beneath our lake. Following the creek uphill on urban trails will allow panoramic views of the hills in all their summer glory.

Crossing from Mission Creek to Sabercat Watershed, we will descend along the trail flanked

by native riparian woodland and open rolling hills, out to a bluff with fabulous views of the Bay all the way to San Francisco on a clear day.

Continuing on the descent back to our starting point we will cross the BART tracks and pause to see and reflect on the historical remnants of our community's agricultural heritage of wine and agricultural production.

This hike is sponsored by Washington Township Museum of Local History. Tour leaders are Caroline Harris & Patricia Schaffarczyk. This event is free, but donations will be gladly accepted. For more information, please contact the museum at (510) 623-7907 or email info@museumoflocalhistory.org.

Saturday, Jun 24
10 a.m.

Irvington Plaza Park
40991 Fremont Blvd., Fremont
(510) 623-7907
<https://museumoflocalhistory.org/>

Regional Parks Foundation Announces New Executive Director

SUBMITTED BY
DAVE MASON

The Regional Parks Foundation is appointing a new Executive Director, Lauren Bernstein, to lead the nonprofit organization now in its 54th year. The Foundation's mission is to support the East Bay Regional Park District, the largest regional park district in the country. Bernstein started her role on June 14, 2023.

Bernstein brings a strong philanthropic background to the Foundation with experience in

nonprofit management, strategy, and fundraising. As executive director, she will oversee and administer the operations of the Foundation, and lead, develop and implement program initiatives as well as oversee philanthropic opportunities.

Previously, Bernstein was principal of a nonprofit consulting firm and served as Director of Development at Glide Foundation in San Francisco where she successfully led a team and raised millions of dollars to support programs for unhoused individuals and families. She has a Master of Public Administration from New York University, Wagner School of Public Service, and a Bachelor of Science from University of Southern California, Marshall School of Business.

Bernstein is a frequent visitor to East Bay Regional Parks and looks forward to engaging the community and supporters.



'Revising Your Own Work' with Award-Winning Author Jane K. Cleland

SUBMITTED BY NANCY GUARNERA

Many writers will tell you that writing the story is not always the hardest part of being a writer... it's doing revisions. What needs to be cut? What needs to be added? Does the story make sense? Does the pacing work? Are the characters believable? Is there too much backstory, or too little? The list goes on... Manuscripts end up at the bottom of a drawer or in a box at the back of a closet, forgotten and never finished, because the writer couldn't face the prospect of doing revisions. It can be intimidating—but Fremont Area Writers (FAW) is here to help.

On Saturday, June 24 from 2 p.m. to 4 p.m., FAW is hosting award-winning author Jane K. Cleland, who will present "Revising Your Own Work." She will share "how to take a manuscript from draft to submission-ready by polishing the story, adding complexity to the characters, and burnishing the prose."

She has two Agatha Awards for her how-to books on the craft of writing and teaches writing at the college level as well. Writers from all over the country attend her free monthly webinars on Zoom; she also offers her small



group, virtual writing workshops—the Mystery Mastermind series.

Cleland writes a variety of crime fiction, including thrillers, middle grade, espionage, and the long-running Josie Prescott Antiques Mystery series. *Alfred Hitchcock Mystery Magazine* has published her short stories (and a novella); she is a contributing editor and writer at *Writer's Digest Magazine*. With an MFA in professional and creative writing and an MBA in marketing and management, Jane Cleland is a member of the fulltime faculty at Lehman College, part of the City University of New York, where she is also the director of the Program for Professional Communications. In addition,

she mentors MFA students in Western Connecticut State University's MFA in Creative & Professional Writing program.

To get your event link, email a request to scottfrombayside@yahoo.com with "FAW Zoom" on your subject line. You should receive the link the day before or the day of the meeting. Learn more about Fremont Area Writers at cwc-fremontareawriters.org. FAW is one of 22 branches of the California Writers Club (CWC) calwriters.org.

Revising Your Own Work
Saturday, Jun 24
2 p.m. - 4 p.m.
Online via Zoom
Request link from
scottfrombayside@yahoo.com

City of Fremont Draft Climate Action Plan at Upcoming Council Meeting

SUBMITTED BY CITY OF FREMONT

The City of Fremont is excited to announce that a public-facing draft of Fremont's updated Climate Action Plan is ready to be presented to the Fremont City Council. On June 1, city staff presented the draft, titled *Climate Ready Fremont*, to the City's Environmental Sustainability Commission. The commission provided feedback and voted unanimously to recommend it to the City Council.

On Tuesday, June 20, staff will present *Climate Ready Fremont* to the City Council at their regularly scheduled meeting at 7 p.m. and ask for their feedback. The meeting will take place at Council Chambers in Building A at City Hall, located at 3300 Capitol Avenue in Fremont. The meeting will also be held virtually through Zoom.

The agenda for the meeting will be available online no later than three days before the meeting at city.fremont.gov/agendacenter. It

will include a link to a staff report that will have more information and a link to the *Climate Ready Fremont* draft document. The agenda will also include instructions on how to participate in the council meeting and provide public comment.

Soon after the council meeting, community members will have the opportunity to provide feedback on *Climate Ready Fremont*. The draft plan will be available on my.fremont.gov, the <https://city.fremont.gov> community engagement platform. There will be various ways for the community to provide their comments. Stay tuned for a notification when this opportunity becomes available!

All of the feedback received will be reviewed and considered as staff prepares the final version of *Climate Ready Fremont* to bring to the City Council for adoption later this year. For more information visit fremont.gov/Home/Components/News/News/512/

Climate Ready Fremont presentation
Tuesday, Jun 20
7 p.m.
Fremont City Hall Building A
3300 Capitol Ave., Fremont
<https://city.fremont.gov/agendacenter>

Happy 65 to The Cobblers!

BY STEPHANIE GERTSCH

On Tuesday, June 13, The Cobblers—a beloved fixture of Downtown Hayward—celebrated 65 years of show sales and leather goods repairs at their current location. Many members of the Grasseschi family, as well as community leaders and customers, gathered to cut a ribbon in back of the store.

Patriarch Rudy Grasseschi said, "The first day we took in 35 cents." He thanked the family, including Dino and Rodney, his brother Al. "All [Al's] kids worked here after school. It was a family affair."

For more about the history of The Cobblers and the Grasseschi family, read the article by Jack Alcorn, published on June 28, 2022: <https://tricityvoice.com/06-28-22/>.

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Midlife Crisis . . . or Midlife Opportunity?

By ANNE CHAN, PhD, MFT

Hollywood has given us some stereotypes of what a midlife crisis looks like: the paunchy, balding man buying a flashy red Corvette convertible, the soccer mom suddenly obsessed with getting plastic surgery, a duo who embarks on a crazy adventure to add excitement to their lives. These make for great movies, but are they accurate representations of a midlife crisis? Is a midlife crisis even a real thing?

Research shows that having a midlife crisis is indeed common, not just in America but all over the world. Dartmouth economist David Blanchflower found that happiness levels can be tracked on a u-shape curve. In the United States, the peak of happiness was found to be 39 years old, and there was a decline thereafter. Sorry to be the bearer of bad news for those over 39. But read through the rest of the article—there are things to look forward to after 39.

But first, there is more bad news: the pandemic resulted in the Great Resignation, which some have interpreted as the Great Midlife Crisis. Many questioned the point of their jobs and quit en masse. Working women with children, in particular, have been profoundly affected by the pandemic because it became untenable to work from home and care for children at the same time. Researchers have found that those over 50 have been particularly affected by a midlife crisis during the pandemic.

It is unsurprising for a traumatic event such as a global pandemic to trigger a midlife crisis. Other common triggers include a debilitating illness in oneself or a loved one, death of a spouse or loved one, divorce or separation, grown kids leaving the nest, and loss of a job. Signs of aging can also precipitate a midlife crisis—such as your first streak of

white hair, or the first clump of hair falling from your scalp. Sometimes, it is not one event that triggers a midlife crisis, but an accretion of dullness over time.

Regardless of the cause, a midlife crisis often results from one feeling trapped. A common question is, "Is this all there is to my life?" One might feel the urge to do something radically different. Hence the impulse purchase or the dramatic departure from a long-term relationship. But Hollywood doesn't give us the full picture. The experience of a midlife crisis often has at its heart mental illness symptoms such as depression, hopelessness, anxiety, boredom, grief, and regret. Some might feel regret about goals they have not reached. Others might regret choices that led to their current lives.

Another piece missing from Hollywood portrayals is the age when a midlife crisis strikes. It is true that a midlife crisis often hits people in their 40s or 50s. However, there is no strict timeline. People in their early 20's could be questioning their life choices. Those in their 60s or 70s could be asking the exact same questions.

A midlife crisis can be painful. The term "crisis" has a negative connotation. But a crisis is also an opportunity for growth, renewal, and even a better future. It is important to remind yourself that your life isn't over when you hit midlife. In fact, midlife is an excellent time to build on what you have achieved thus far and create something even better.

Here's the piece of good news I promised about the happiness u-shaped curve: Blanchflower found that happiness levels rose again after age 70 in Americans. Some of you might be thinking, "I have to wait till I'm 70 to be happy?!!!" No—remember that these are averages. The take-home message is that a midlife crisis doesn't last forever. Moreover,

there are concrete things you can do to handle your midlife crisis, or even avoid it altogether. Here are some strategies:

Know that change is normal. Yesterday, you might have been chasing toddlers, and today you are on your own. It is normal to feel grief about the change, but change is also normal and healthy. Work on accepting these transitions.

Make time for important relationships. People with meaningful relationships have an easier midlife than those who do not. Be intentional about crafting your social support network.

Don't bottle up your feelings. Talk to friends, or seek professional help.

Reframe the way you see midlife. Instead of thinking that your glory days are behind you, look to the present and future with a different lens. You are older, but wiser now—you still have lots more to contribute with what you know.

Ask yourself: "What truly makes me happy?" "What do I need to feel that my life is meaningful?" Your answers to these questions will help you figure out where you should spend your time and energy.

Examine past goals and aspirations—how realistic were they? Can you make goals that are realistic in your current situation?

Midlife can actually be a wonderfully enriching, enjoyable, and fulfilling time of your life. Remember—not everyone experiences a midlife crisis. It could be the beginning of a beautiful new chapter in your life.

Anne Chan is a career consultant and licensed psychotherapist in California. She specializes in helping people find happiness in their careers and lives. You can reach her at annechantcu@gmail.com
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News and Notes

FROM AROUND THE WORLD

SUBMITTED BY
THE ASSOCIATION OF MATURE AMERICAN CITIZENS

A penny saved

The Associated Press reports that more than 66 percent of Americans save their pennies. John Reyes in Los Angeles was cleaning out his deceased father-in-law's home recently, the home he lived in for more than 50 years. Among his belongings were sealed bank bags full of pennies -- some, one million pennies. Reyes has put his find for sale online, asking \$25,000 for the lot. But some are telling him to back off -- that there may be a penny in the stash that is worth much more than that. A 1944 Steel Wheat Penny sold for \$408,000 and a 1943 Copper Wheat Penny brought in \$250,000, according to one report. See video of the penny stash on YouTube: <https://www.youtube.com/watch?v=JRksUdktMeo>

Whale watcher alert

The Science Times says it is unusual to come across a large pod of killer whales, but a team of Oceanic Society researchers came across a pod composed of some 24 of them off the coast of San Francisco recently. Michael Pierson, a member of the team, said that "just seeing them is always really exciting, but seeing such a large grouping was what made it a one-of-a-kind experience." It is uncertain why

such a large gathering of Orcas showed up at the site, according to another member of the research team who said they could have been on a hunt or merely socializing. See video of the killer whale pod on YouTube: <https://www.youtube.com/watch?v=au5NSQNdkS0>

The Troll Apartment

A home -- even a one-bedroom apartment -- can be pricey in Los Angeles, but a one-bedroom, one-bathroom home in the city of Alhambra in Los Angeles County has been posted for sale at the reasonably affordable price of \$250,000. But that's not what is attracting attention; it's the fact that the "Troll Apartment," as it is known, is located under a road and over the arch of a bridge. Douglas Lee, who's handling the sale at the Compass real estate agency, says "it's definitely the most unique listing I've ever had in my entire residential real estate career. There's a lot of just unique interest. And instead of it being off-putting to people, it's actually come off as very unique and cool." See video of the troll home on YouTube: <https://www.youtube.com/watch?v=AiMPgDhPfiw>

The Association of Mature American Citizens is a nonprofit, nonpartisan advocacy organization representing membership in Washington, D.C. and in local congressional districts nationwide. More information is available on its website at www.amac.us.

VA Mobile Medical Outreach Team at Hayward Veterans Memorial Hall

SUBMITTED BY
HECTOR M. VILLASEÑOR

Hayward Public Library and American Legion Post 68 will host the VA Palo Alto Mobile Medical Outreach Team at Hayward Veterans Memorial Hall. They will facilitate examinations, consultations, and referrals for veterans who are enrolled in the VA healthcare system. VA resource information will be available.

Veterans uncertain of their benefits eligibility are encouraged to visit as requirements have changed, and VA health care may

complement current medical coverage. VA representatives will also provide information or assistance with questions and enrollment for VA healthcare.

Veterans should bring military discharge papers (Form DD-214) and a list of current medications. For more information or assistance obtaining proof of service documents prior to the event, contact the library's information desk, (510) 881-7980, or email Hector Villaseñor at hector.villasenor@hayward-ca.gov.

Hayward Public Library is part of the Veterans Connect @ the Library program, a statewide outreach to Veterans sponsored by the California State Library.

No appointment necessary: medical team and enrollment specialists will be on site.

VA Mobile Medical Outreach Team

Tuesday, Jun 20

10 a.m. – 1 p.m.

Hayward Veterans Memorial Hall

22737 Main St., Hayward
(510) 881-7980

hector.villasenor@hayward-ca.gov

Library debuts new outdoor space

SUBMITTED BY
KELLY KEEFER

Hop, skip, jump, and sing your way into the San Leandro Main Library with our new interactive outdoor area on the library plaza, designed especially for youth.

The library worked with San Leandro-based Landmark Graftix to create and install concrete decals in front of the Main Library. The eye-catching decals include a butterfly maze, cherry-adorned hopscotch, frog pond, and colorful ABCs spiral,



along with other fun elements. In addition to offering early learning opportunities through counting, singing, and letter recognition, this space was designed to make kids and families feel welcome and excited to be visiting the library.

Library Director Brian Simons said, "We are thrilled to enhance our outdoor area with a design that encourages kids to be active and have fun while also developing gross motor skills. Play is one of the best ways for children to learn the language and literacy skills that help them get ready to read, along with singing, talking, and listening to

books. We encourage families to enjoy the outdoor space, then head into the library where thousands of children's books and activities await."

For more information about this project, contact Kelly Keefer, Senior Librarian for Youth Services at KKeefe@sanleandro.org.

San Leandro Public Library
300 Estudillo Ave.,
San Leandro
(510) 577-3970
www.sanleandro.org/162/Public-Library



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Space food:

the challenges of eating in microgravity

KAILASH KALIDOSS,
AEROSPACE ENTHUSIAST

Astronauts are known for their bravery and pioneering spirit, but did you know that they also face unique challenges when it comes to eating in space? Without gravity, food aromas waft away before they make it to the nose, and astronauts' stomachs aren't well-suited to a weightless environment. So how do they manage to stay fed and healthy on long space missions?

According to NASA, astronauts aboard the International Space Station (ISS) eat three meals and one snack per day, consuming between 1900 and 3200 calories



Lettuce grown in the ISS, Source: NASA.gov

depending on their height, weight, and specific needs. But the challenges of space food go beyond just the quantity consumed.

One major challenge is fresh fruits and vegetables, whose availability is limited by the resupply missions. Their short shelf life and the lack of dedicated refrigeration on the ISS for food make them a rare commodity in orbit. Also, carbonated drinks are off-limits because they aren't

buoyant in a weightless environment.

Another challenge is food prep. Astronauts add water to freeze-dried foods and dehydrated drinks from a rehydration station that dispenses both hot and cold water. They heat foods in a forced-air convection oven that's kept between 160-170 degrees Fahrenheit. And let's not forget the danger of salt and pepper and other granular spices and seasonings. One

wrong move and spices could clog air vents, contaminate equipment, or get stuck in an astronaut's eyes, mouth, or nose.

But perhaps the biggest challenge of all is the palatability of space food. The poor taste and texture of processed and packaged space food can cause astronauts to eat less, even if they're hungry. According to NASA, the three foods astronauts miss most during space missions are ice cream, pizza, and soda pop.

In conclusion, the challenges of eating in space are not to be underestimated. NASA is currently exploring ways to grow fresh produce in space, including hydroponic gardens and plant growth chambers.

Kailash Kalidoss is an aerospace enthusiast and educator serving the Bay Area. Kailash first fell in love with aerospace as a teenager when he learned about aviation from his father's role as a Ground Operations Manager. Kailash has since spent his efforts sharing knowledge about aerospace, astronautics, aviation, science, technology, and of course, the night sky. Kailash also represents the Civil Air Patrol and NASA as a volunteer.

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Kid Scoop Together: SAFE FUN IN THE SUN

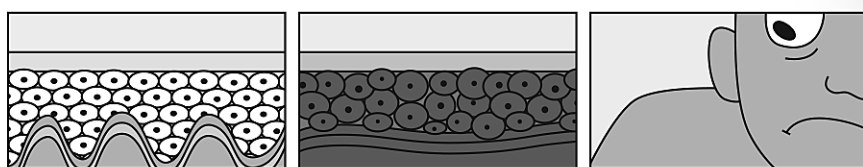
Think about important summer safety tips for kids (bike safety, pool safety, sun safety, etc.)

Select one of the tips. Then list three steps to help kids follow this safety tip. Write the tip and then illustrate it in the boxes below.

SUNBURNS!

OUCH! Hot fun in the summertime can be painful! Too much fun in the sun can burn your skin.

How does the sun burn skin?



Normal skin cells.

Cells that get too much sunlight swell and fill with blood.

This turns the skin red and makes it hurt.



Find: • banana • watermelon • moon • dolphin • car
• bat • bowling ball • crocodile • ice cream • octopus

To burn or not to burn?

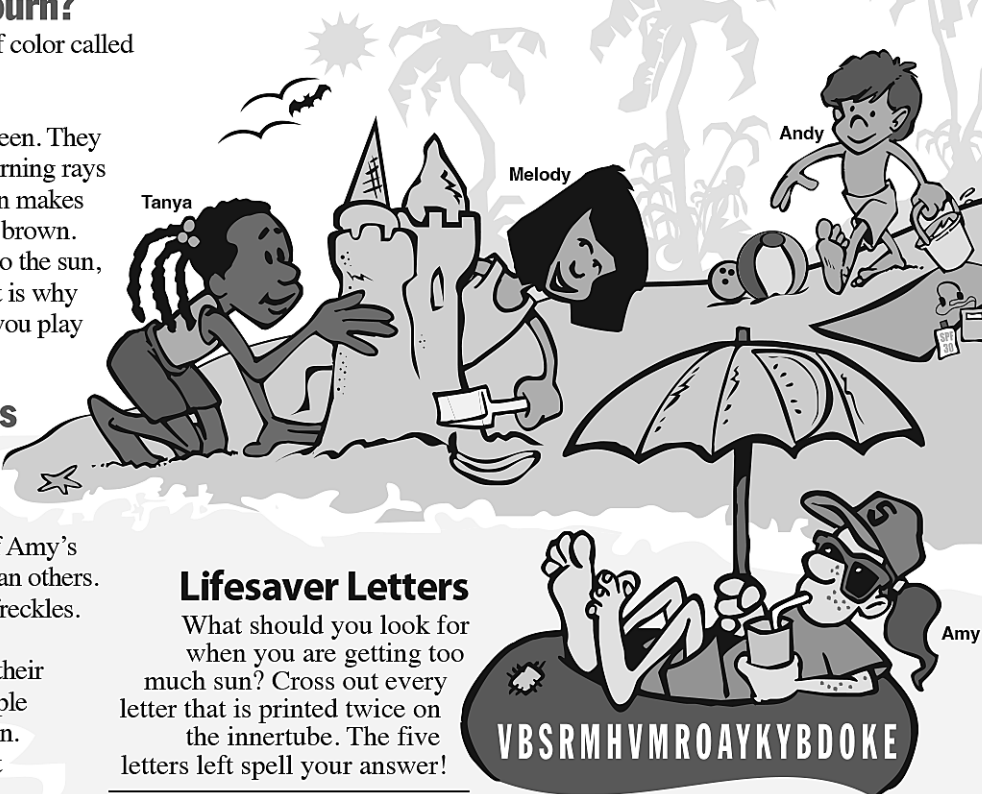
Everybody has tiny grains of color called **melanin** in their skin.

Melanin grains are like a screen. They protect the body from the burning rays of sunlight. Everybody's skin makes melanin. Melanin grains are brown. When your skin is exposed to the sun, it makes more melanin. That is why your skin gets darker when you play in the sunshine.

Different skin types

Tanya has a lot of melanin in her skin. Andy and Melody have a little. Amy has very little. Some parts of Amy's body make more melanin than others. These dark spots are called freckles.

Everybody needs to protect their skin from the sun. Even people with lots of melanin will burn. Their skin won't burn as fast as Amy's, but it will burn.



Lifesaver Letters

What should you look for when you are getting too much sun? Cross out every letter that is printed twice on the innertube. The five letters left spell your answer!

Standards Link: Reading Comprehension: Follow simple directions; identify common sight words.

VBSRMHVMROAYKYBDOKE

Which two bottles of sunscreen are exactly the same?



How Hot Are You?

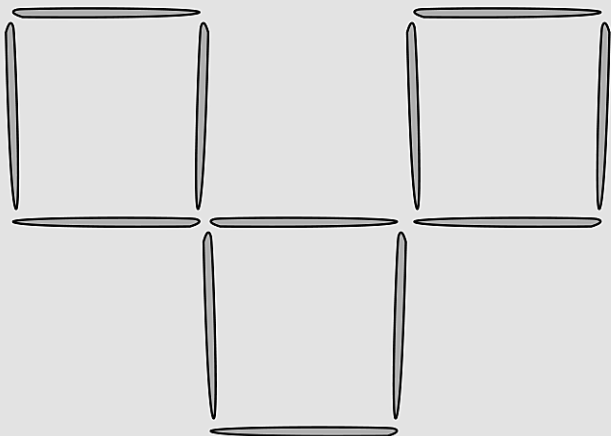
How many words can you find in today's newspaper that mean the same as **HOT**? Score yourself:

- 1-3: Pretty Cool
- 4-6: Hot Stuff!
- 7+: Steamin' Hot!

Standards Link: Language Arts: Identify synonyms in reading.

Kid Scoop Puzzler

Using 12 toothpicks, try this puzzle. Lay out the toothpicks as shown below. Can you make **four** squares by moving only **three** toothpicks?



Standards Link: Math: Problem solving. Make a model to solve a puzzle.

Double Double Word Search

BURN
LIFESAVER
SKIN
MELANIN
SUNSHINE
DARKER
BEACH
BODY
COOL
SPOTS
HOT
RAYS
BROWN
TINY
HURT

Find the words in the puzzle. How many of them can you find on this page?



Standards Link: Letter sequencing. Recognize identical words. Skim and scan reading. Recall spelling patterns.

SAFETY TIP:

STEP 1

STEP 2

STEP 3

Kid Scoop VOCABULARY BUILDERS

This week's word: **PROTECT**

The verb **protect** means to keep someone or something safe from harm.

Andy used sunscreen to help **protect** his skin at the beach.

Try to use the word **protect** in a sentence today when talking with your friends and family.

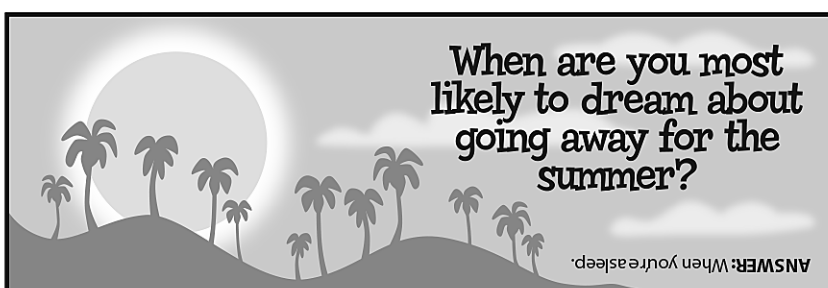
FROM THE Kid Scoop LESSON LIBRARY

Sun Safety Scavenger Hunt

In today's newspaper, find pictures of:

- Something to protect you from the sun.
- Something to cool you on a hot day.
- Something you do on a sunny day.

Standards Link: Health: Practice safe behaviors during recreation.



When are you most likely to dream about going away for the summer?

ANSWER: When you're asleep.

Write On!

Keep Your Cool

Send in your tips for keeping cool this summer—without electricity.



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CogirSeniorLiving.com

continued from page 1

Summer at Sun Gallery: 'Anything Goes'

Before you is our fanciful example of what can be accomplished when those creative juices flow into each other and make pieces of art for you to enjoy."

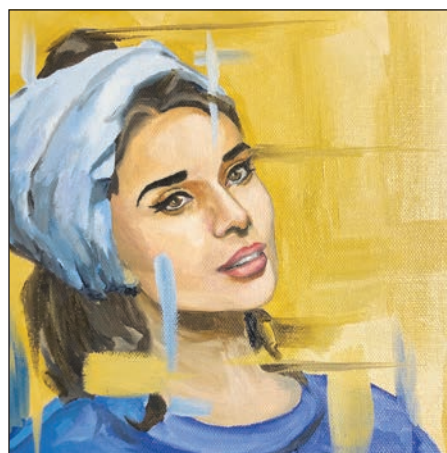
With their usual eclectic flair and whimsy, rows of fancifully created women take the viewer on a veritable feast of color, texture, satire and whimsy.

The collaboration between the Langenbachs and the Dillons will remain up during the Anything Goes exhibit. "Anything Goes" opens Thursday, June 22 and will run through Saturday, July 29. An Artists Reception will be held outdoors in the Gallery's courtyard on Saturday, June 24 from 1 p.m. to 4 p.m. The public is invited, and admission is free.

"Anything Goes" includes a wide range of additional artists from the East Bay and

beyond: Peter and Maureen Langenbach, Kelley Dillon, Esther Arca, Sarah Sammis, Elani Scott, Marjorie Wagner, Maria Luisa Escalambre, Christa Schanda, Matt and Paty Sobin, Mary Ann Davis Nelson, Terry Preston, Deborah Gallegos, Robert Ribeiro, Carla Dozier, Hollie Adamic, Janet Brugos, Karol Hilker, Ashanti Sloan, Larry Van Deusen, David Steffes and Patra Nesseth-Steffes, Molly Dolley, Tiffany Chou, Ruey Syrop, Esther Arca, Linda Nygard, Alan McGaughey, Christine Bender, Joaquin Cenicerros, and Hayward's own Poet Laureate Bruce Roberts.

In addition to the exhibit, Sun Gallery Summer Art Camp is also accepting registrations for children ages 5-12. There are several fun-filled weeks still available! In a very special twist, every Wednesday campers will be working on the new Sun Gallery mural project inside the courtyard. Kids have a chance to make their forever mark on the gallery's walls. Board President Carla Dozier, a muralist, and Sun's art teachers, are helping the children create their own underwater sea



creature! Each attending student will create their own stencil to paint on the underwater themed mural.

Call (510) 518-4050 to make a camp reservation, or email sungallery@comcast.net. You can also sign up at www.sungallery.org under the summer camp page, and pay online.

We also have a special date to save on your calendar: Saturday, August 12. Sun Gallery will be having its Makers Creator Space & Artyard Renovation Grand Opening Celebration! We are inviting all the community in to check our new Makers Space with 3D printers, laser printers, vinyl cutting and so much more. There will be food, crafts, music and lots of fun for the whole family. Bring your kids and grandkids!

The Sun Gallery Call for Art for its next show "Art Meets Tech" has just gone out, so make sure to check it out on our Facebook. To get your work submitted early, email Curators Dorsi Diaz/ Carl Gorringer at sungallerydirector@gmail.com. The Art Meets Tech Show runs from August 11 – October 7.



Sun Gallery is a 501c3 non-profit located at 1015 E St. in Hayward, below Bret Harte Middle School. Summer hours are Thursday - Sunday from 11 a.m. – 4 p.m., and admission is free. Both the City of Hayward and Sun Gallery have been recognized both locally and nationally for their excellence in environmental education and outreach into the community on climate change.

Sun Gallery Members' Show: 'Anything Goes'

Thursday, Jun 22 - Saturday, Jul 29
Thurs – Sun: 11 a.m. – 4 p.m.

Artists Reception
Saturday, Jun 24
1 p.m. to 4 p.m.

Sun Gallery
1015 E St., Hayward
(510) 518-4050
www.sungallery.org



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Congratulations Serra Center Artists!

SUBMITTED BY
**JUDY ANGLIN,
OLIVE HYDE ART GUILD**

The Serra Center Art Workshop has completed thirteen years of their popular and successful annual art instruction program. Twenty adult individuals with developmental disabilities from Serra Center (SC) participated in the nine-week Wednesday evening program held at Fremont Community Center. This year's program gave students the opportunity to have fun and enjoy creating art with pencils, watercolors, and acrylics. Additionally, each artist contributed to a colorful 4x4-ft canvas mural.

The SC Art Workshop was taught by Guild member and COF Art Instructor Edie Christensen, assisted by COF Gallery Curator Leah Andrew. "Teaching the Serra Center artists was a great experience that I looked forward

to," said Christensen. "Each individual had their own style, use of colors, and creativity. I miss them already."

Participating artists were Roger Anglin, Cary Bell, George Cotts, Donald Dimenco, Joanne Elizarrey, Donald Fields, Maurice Kaasa, Steve Jones, Jennifer Lee, Jennifer Mellow, Roseann Pinto, Kelly Rommelfanger, Lori Santos, Terry Shiman, Marsha Smith, Andrea Stahl, Jennifer Sullivan, Patrick Tracey, Ryan Vevoda, Tillie Zelman.

Serra Center serves over 80 men and women in community-based Residential Care Homes and provides Independent and Supported Living services. The Serra Center Art Workshop is made possible through the partnership and collaborative efforts of the City of Fremont Recreation Services, Serra Center, and Olive Hyde Art Guild. The annual SC Art Workshop is sponsored and totally funded by Olive Hyde Art Guild.



UNION SANITARY DISTRICT

NOTICE OF FILING REPORT AND PUBLIC HEARING IN CONNECTION WITH THE COLLECTION OF FISCAL YEAR 2024 SEWER SERVICE CHARGES ON THE PROPERTY TAX ROLL

NOTICE IS HEREBY GIVEN that pursuant to Sections 5471 and 5473, et seq. of the Health and Safety Code of the State of California and Union Sanitary District Ordinance No. 31, the Board of Directors of Union Sanitary District will consider whether to collect its charges for sewer services for fiscal year 2024 on the tax roll, in the same manner as general taxes, consistent with past practices.

The District has filed a written report with the Secretary of the Board of Directors describing each parcel of real property subject to the charges and the amount of the charges against that parcel for fiscal year 2024. The District's report is on file and available for public inspection at the District Offices.

For reference, the charges for a single-family homeowner (the majority of USD's customers) and all other rates for individual customers can be found by contacting the District at (510) 477-7500 or on the District's website www.unionsanitary.com/rates/sewer-service-charges

NOTICE IS FURTHER GIVEN that on Monday, the 26th day of June 2023, at the hour of 4:00 p.m. or as soon thereafter as the matter may be heard, during the Board meeting to be held at the Union Sanitary District Boardroom, 5072 Benson Road, Union City, California, in said District, the Board will hold a hearing to consider the report and whether to collect the sewer service charges for fiscal year 2024 on the property tax roll. At the hearing, the Board of Directors will hear and consider all objections or protests, if any, to the District's report. Any questions regarding the charges may be directed to Mark Carlson, CFO, Business Services Manager.

Publish dates: June 13, 2023 – Tri-City Voice
June 20, 2023 – Tri-City Voice
June 16, 2023 – Argus
June 23, 2023 – Argus

By order of the Board of Directors of Union Sanitary District.



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Home & Garden

The taming of the shrubs

BY DANIEL O'DONNELL

"Life is really simple, but we insist on making it complicated," is an enduring quote from Confucius. The quote's modern-day reality can be seen in relationships, interactions with friends and family members, and dealing with people in the workplace. Sometimes we even complicate solo endeavors such as gardening by growing plants that are hard to control. Two popular examples are mint and blackberries. People continue to plant them with the hope of controlling them. This is not impossible, but simply more complicated.

Mint and blackberries primarily spread via underground stems called rhizomes or creeping rootstocks. These rapidly spread out horizontally in all directions. Numerous nodes on the rhizomes have the ability to send out roots downward and new shoots upwards. Mint is characterized as fast growing. Rootstocks can grow as fast as four inches per month, allowing the plant to spread up to four feet in a year. Blackberries are also classified as fast growers. Their rhizomes can grow as fast as mint rhizomes; however, their canes can grow as much as six to eight feet per year making their footprint much larger than that of a mint plant.

Mint and blackberry stems can also root from nodes on the above ground shoots when they come into contact with the soil. This further allows both plants to

quickly spread throughout the garden. Viable seeds from blackberries can be distributed by wildlife, and mint seeds can be blown by the wind. Both situations will increase the invasiveness of these plants in the garden.

One effective way to combat the invasive nature of mint and blackberries is to restrict them by growing them in pots. Both plants can be grown successfully in containers. Mint roots only grow about four inches below the soil surface, so it can be grown in shallow pots. Blackberry roots grow as deep as eighteen inches and need a deeper container. It is best to place the pots on a hard surface such as a concrete patio or deck since rhizome runners can escape through the necessary drainage holes.

It is also feasible to place the container in the ground. The top of the pot should be at least two inches above ground to prevent creeping rhizomes from spreading easily beyond the rim. The raised lip will also encourage the stalks to go upright instead of outward, reducing the contact between the stems and the ground, helping to prevent the plant from spreading.

Planting mint and blackberries in less-than-ideal locations can also slow the invasiveness of both plants. Mint prefers a moist soil. Planting it in a dry location can slow its growth. Blackberries prefer a sunny location with a slightly acidic soil. Planting them in a shady location, however, might only prevent them from fruiting. Lowering the acidity of the soil might be the better choice. This can be



Blackberry courtesy of Ragesoss



done by using calcium carbonate, also known as garden lime.

Creating barriers to impede the rhizomes from spreading can help keep vigorous mint and blackberries planted in the ground in check. Installing a root barrier—either a single or series of plastic panels buried to create an underground wall—is an effective way to prevent rhizome runners from spreading. Planting mint or blackberries in an isolated planting bed surrounded by three or four feet of concrete can also prevent the rhizomes from spreading.

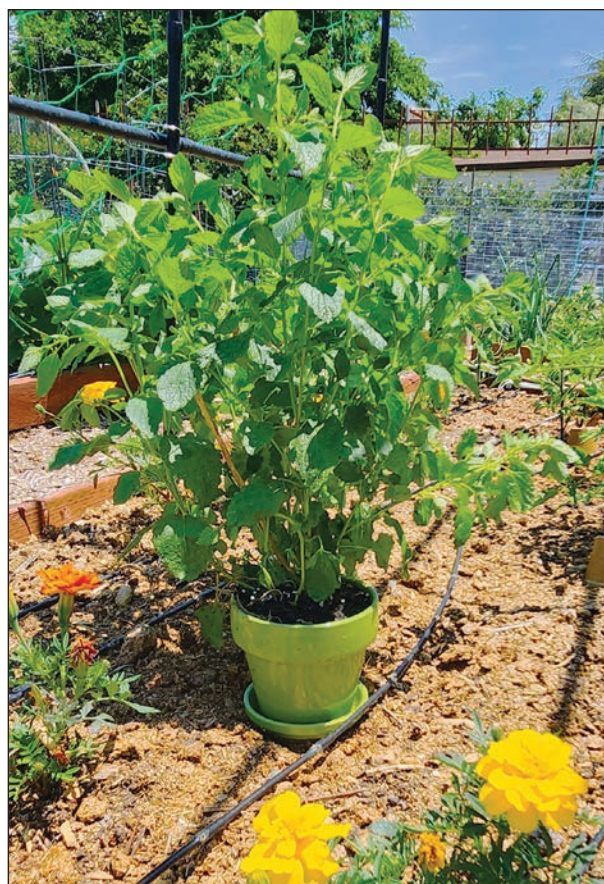
Regular pruning of non-upright stems will prevent them from developing roots where they touch the ground. Regular pruning of mint also encourages a bushier growth. Blackberry canes live for two years and produce fruit only in the second year. Regular pruning for blackberries should only be done on selective new shoots as a way of controlling the plant's spread. Snipping any forming flowers from mint will remove the threat of the plant spreading throughout the garden from

seeds. Unfortunately, this cannot be done for blackberries since berries develop from the flowers.

The same efforts can be taken with other plants that have vigorous creeping rootstalks. Bamboo, which is a great plant for screening neighbors' windows, can reach as high as 15 feet in a container. Controlling Goldenrod, a prolific California native plant, by growing it in a container gives gardeners enjoyable blooms and the bees and butterflies a valuable food source late into the summer. Raspberries can also be tamed by the efforts listed above.

Confucius also said "Roads were made for journeys not destinations." If someone wants to try and tame vigorous spreading plants like mint and blackberries, remember to enjoy the work it will take and the complications along the way.

Daniel O'Donnell is the co-owner and operator of an organic landscape design/build company in Fremont. www.Chrysalis-Gardens.com



THE ACWD CONNECTION

COMMERCIAL WATER EFFICIENT TECHNOLOGY PROGRAM

The Commercial, Industrial, and Institutional (CII) Water Efficient Technology (WET) Program provides an incentive to CII customers to implement equipment changes that reduce water use.



ACWD Commercial, Industrial, and Institutional customers that are looking to implement equipment changes to reduce water use may be eligible for an incentive that cover costs of eligible project materials. Projects can include cooling tower efficiency upgrades, onsite water reuse, and any other equipment that results in measurable water savings.

For more information about the program and application details, scan the QR Code or visit acwd.org/rebates.

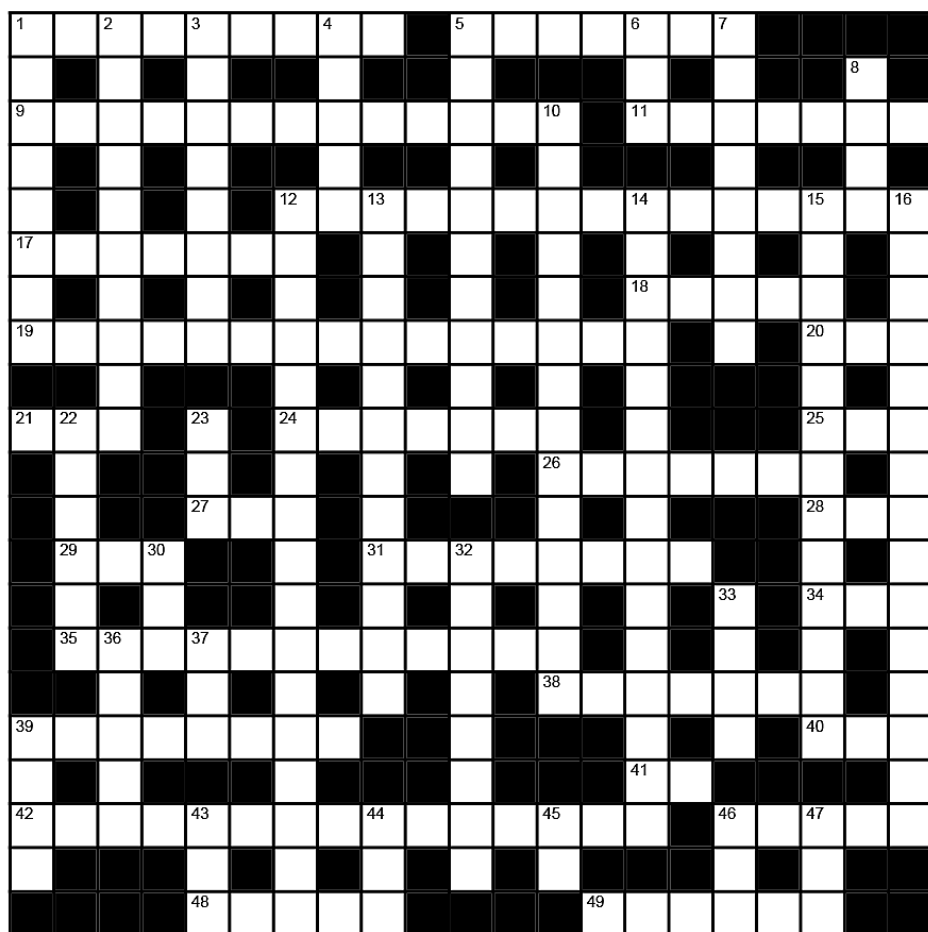


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Mind Twisters

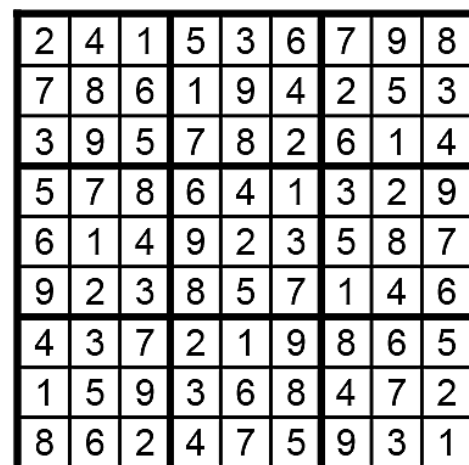
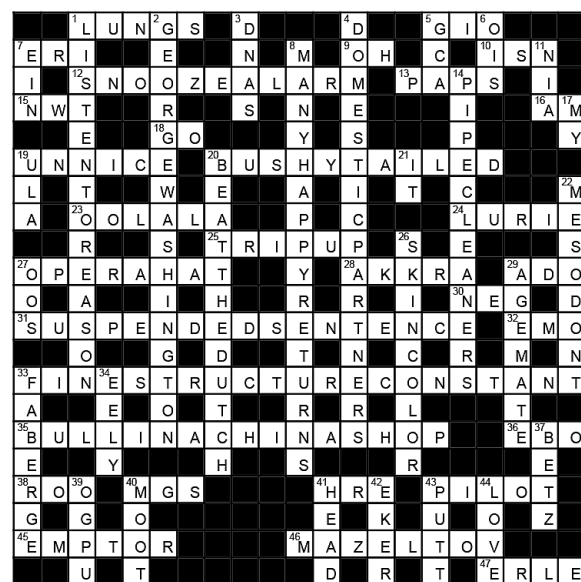
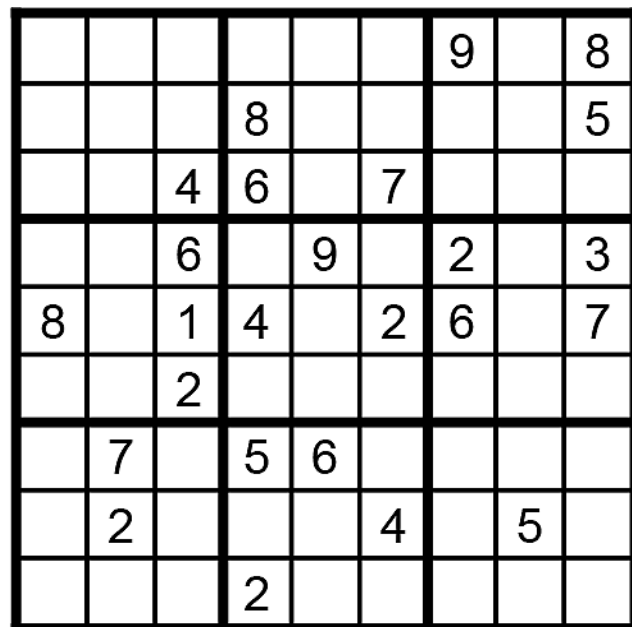
Crossword Puzzle



- | | | | | |
|--------|------|--|----|---|
| Across | 35 | Monopoly setting (8,4) | 10 | Classic excuse for some misdemeanors (4,4,2,4) |
| 1 | 38 | Gap between neurons (7) | 12 | In every way (7,3,7) |
| 5 | 39 | Like a chain. (8) | 13 | Geology, e.g. (5,7) |
| 9 | 40 | Alternative to .zip (3) | 14 | Obstructive sort (1,3,2,3,6) |
| 11 | 41 | "Captain ___" (1986 Michael Jackson role) (2) | 15 | Fire engine (4-3-6) |
| 12 | 42 | Misfit (1,4,3,2,5) | 16 | Old pro with good taste? (8,7) |
| 17 | 46 | Group of 13 (5) | 22 | Eruption matter (6) |
| 18 | 48 | Turkish rug. (5) | 23 | Not opt. (3) |
| 19 | 49 | Least (6) | 30 | One of the Aesir. (3) |
| 20 | | | 32 | Clinch, as a victory (4,4) |
| 21 | Down | | 33 | Swabs (4) |
| 24 | 1 | Beneath one's dignity. (5,3) | 36 | ___-frutti (5) |
| 25 | 2 | Dichotomous natatory metaphor (4,2,4) | 37 | Grass part (3) |
| 26 | 3 | Driver (8) | 39 | Auditors (4) |
| 27 | 4 | Common aspiration (5) | 43 | Kuang-___ (Chinese emperor from 1875 to 1908) (3) |
| 28 | 5 | Antacid target (11) | 44 | Spider-Man nemesis Doc ___ (3) |
| 29 | 6 | UK org. concerned with grubbers and scrums (3) | 45 | Initials of the Rough Rider (2) |
| 31 | 7 | Detain (8) | 46 | Average (3) |
| 34 | 8 | Green gem (4) | 47 | A, E, or K, for ex. (3) |

Sudoku:

Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.



Tri-City Stargazer FOR WEEK: JUNE 20, 2023

All Signs: This week on Wednesday, June 21, we have the Summer Solstice. This means the Northern Hemisphere will have the longest day and shortest night of the year. In England, around 3,000 BCE to 2,000 BCE, Stonehenge was built to align with the sunrise of the Summer Solstice, and the sunset of the Winter Solstice.

Aries the Ram (March 21-April 20):

This is a powerful week for you because you're eager to share your ideas, especially because you feel freer and emboldened to go after your goals. Part of this could be that you see ways to boost your income. But also, this week, you have a lovely balance between energetic work and fun play. You're busy; nevertheless, you are also willing to take time off to do your own thing, especially exploring adventure and romance. Note: The next four weeks will focus on home, family and private life.

Taurus the Bull (April 21-May 20):

The next four weeks are going to be fast-paced and busy! Short trips, appointments, errands and increased involvement with siblings and relatives are on the menu. You'll enjoy touching base with everyone because with Jupiter in your sign, you are confident! Meanwhile, family events will be positive because Venus and Mars will activate your home life, especially introducing renovations, redecorating projects and opportunities to entertain. Mercury sitting in one of your Money Houses might help you buy antiques and clever finds.

Gemini the Twins (May 21-June 20):

Your focus will certainly swing to earnings, money and possessions in the next four weeks. In fact, as you give this area of your life increased thought, you will ponder your values. For example, does the one with the most toys win? The good news is that right now you are happy with your environment

and the people around you. You appreciate the beauty of your surroundings. You also have a lot of mental energy, which is something you appreciate.

Cancer the Crab (June 21-July 21):

This week, the Sun moves into your sign to stay for the next four weeks. This is excellent news because the Sun will boost your energy and give you a chance to recharge your batteries for the rest of year. You also will find you have a greater need to express yourself. Please go right ahead because this is one of those times when your first duty is to yourself, and if you don't fulfil that duty you'll be of little use to others. Naturally, you'll make a great impression! Many of you will boost your earnings and make exciting purchases.

Leo the Lion (July 22-August 22):

You'll be happy to take a backseat for the next four weeks because the Sun will be "hiding" in your chart, and this will make you feel content to be low profile. You will still be eager to socialize because fair Venus is in your sign making you charming and diplomatic. (Incidentally, this is an excellent time to buy wardrobe goodies.) Meanwhile, Mars will be in your sign giving you energy to work hard and further your own interests. Your physical energy will be high, which means you will be more of a fighter for your own rights than usual.

Virgo the Virgin (August 23-September 22):

After the Sun changes signs this week, you can count on increased popularity for the next four weeks!

Most of you will become more involved in groups, clubs and organizations as you network. In addition, you'll discover that friendships and relationships are more important to you now. You might examine the role they play in your life. Meanwhile, among your friends, strive to establish who you are. Be yourself without fear or apology. This is a particularly good time for you to state your views to parents, bosses, VIPs and the police.

Libra the Scales (September 23-October 22):

The Sun is sitting at the top of your chart for the next four weeks. (Only time all year this occurs.) It symbolizes that you are in a flattering "spotlight." This means you will look super competent to others, even if you don't do anything special. Obviously, you have a magical advantage, and you should use it. Specifically, you will impress authority figures like bosses, parents, teachers and the police. This is also the perfect time to examine your life direction as a whole to see if you're headed where you want to go.

Scorpio the Scorpion (October 23-November 21):

This week you will strive more than ever to do your own thing. Your personal freedom will matter, especially if you're in an oppressive situation. You will rebel! You want to travel, and seek adventure and new experiences. You want the thrill of new ideas and philosophies. Meanwhile, you can take advantage of the fact that authority figures look upon you favorably right now. In fact, some of you will strike up a romance with a boss or someone in power.

This is also an excellent time to wrap up discussions about inheritances and shared property.

Sagittarius the Archer (November 22-December 21):

You are a freedom-loving sign, and this week, more than ever, you'll have a strong desire to escape any kind of control. It's as though you now have the strength to emancipate yourself. This could entail discussions about shared property, taxes, debt and inheritances—things that affect your sense of security and survival. Nevertheless, you will still have a strong desire to travel. After all, you are the traveler of the zodiac! Plus, you'll enjoy networking and socializing. Meanwhile, continue to look for ways to improve your existing job or get a better one.

Capricorn the Goat (December 22-January 19):

For the next four weeks, the Sun is opposite your sign, which means that in your chart, the Sun (your source of energy) will be as far away from you as it gets all year. Ergo – you will need more sleep. This polarized position of the Sun will also give you greater objectivity in your closest relationships. This is a great opportunity to improve these relations because you will see your role. (Your sex drive will be amped, as well.) Meanwhile, gifts, goodies and even money will come your way.

Aquarius the Water Bearer (January 20-February 18):

You'll be working as efficiently as possible in the next four weeks, because you're motivated! Not only that, you are setting the bar high for yourself. These high standards

will also affect your expectations for your health, which is why many of you might try a new exercise regime or diet. Meanwhile, relations with partners and close friends will be warm, yet energetic. While you juggle these energies, continue to look for ways to improve your home. Likewise, continue to be open to ways to improve family relationships.

Pisces the Fish (February 19-March 20):

It's play city for Pisces for the next four weeks! Accept invitations to socialize. Enjoy attending sports events. Many of you will be more involved in kid's activities or education. Meanwhile, this is a wonderful time to slip away on a vacation or express your creative talents. Family discussions might lead to tackling home repairs. Get this stuff done while you can! When you have a positive feeling about where you live, by extrapolation, you have a positive feeling about the rest of your world.



By Georgia Nicols
www.georgianicols.com.

Home Sales Report

CASTRO VALLEY | TOTAL SALES: 7

Highest \$: 1,750,000 Median \$: 1,220,000
 Lowest \$: 805,000 Average \$: 1,267,429

ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
4765 Rollinghills Way	94546	805,000	3	1456	1959	5/12/23
19122 Schuster Ave	94546	1,020,000	3	1312	1954	5/10/23
20169 Butterfield Dr	94546	1,060,000	3	1443	1957	5/12/23
20675 Forest Avenue	94546	1,220,000	6	2254	1962	5/9/23
5623 Jensen Road	94552	1,500,000	3	3161	1991	5/5/23
3643 La Costa Avenue	94546	1,517,000	4	2248	1987	5/5/23
19052 Mount Lassen Dr	94552	1,750,000	4	3084	1989	5/10/23

FREMONT | TOTAL SALES: 39

Highest \$: 4,040,000 Median \$: 1,450,000
 Lowest \$: 472,000 Average \$: 1,534,872

ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
39059 Giardino Drive #106	94538	472,000	1	693	1987	5/12/23
3909 Stevenson Blvd #207	94538	550,000	2	1042	1972	5/10/23
38627 Cherry Lane #41	94536	625,000	2	933	1974	5/5/23
42111 Osgood Rd #214	94539	644,000	-	-	0	5/10/23
42111 Osgood Rd #429	94539	658,000	-	-	0	5/9/23
42111 Osgood Rd #227	94539	756,000	-	-	0	5/5/23
4513 Guiso Common	94536	758,000	3	1166	1971	5/5/23
780 Orangewood Drive	94536	932,000	3	1120	1955	5/12/23
36421 Bendel Terrace	94536	950,000	3	1440	1974	5/10/23
33931 Macmillan Way	94555	955,000	-	1474	1977	5/9/23
3893 Quantum Dr #202	94538	1,073,000	-	-	0	5/10/23
37136 Ila Court	94536	1,200,000	3	1324	1955	5/5/23
43788 Paso Nuez Cmn	94539	1,200,000	3	1543	2011	5/5/23
36409 Frobisher Drive	94536	1,220,000	3	1168	1956	5/12/23
3959 Valerian Terrace	94538	1,300,000	4	1975	2019	5/5/23
3848 James Avenue	94538	1,307,000	3	1170	1951	5/10/23
3664 Wilmington Road	94538	1,375,000	4	1314	1960	5/10/23
5254 Troy Avenue	94536	1,390,000	3	1320	1960	5/9/23
4959 Yellowstone Park Dr	94538	1,449,000	3	1285	1960	5/8/23
38824 Stillwater Cmn	4536	1,450,000	3	1423	1987	5/8/23
38097 Acacia Street	94536	1,500,000	4	1587	1963	5/9/23
2482 Archer Avenue	94536	1,500,000	4	1494	1963	5/11/23
287 Sandstone Drive	94536	1,503,000	4	1789	1989	5/9/23
38246 Dixon Court	94536	1,552,000	3	1431	1959	5/5/23
38890 Moore Drive	94536	1,600,000	-	1268	1978	5/8/23
682 Ridgeview Terrace	94536	1,620,000	3	1423	1988	5/12/23
3125 Saxon Court	94555	1,655,000	4	1746	1971	5/10/23
284 Goldenrain Avenue	94539	1,745,000	3	1292	1962	5/8/23
4645 Chateau Park Ct	94538	1,752,000	4	2049	1965	5/5/23
4653 Celia Court	94555	1,800,000	5	1717	1986	5/11/23
521 Chardonnay Drive	94539	1,850,000	3	1885	1985	5/5/23
1491 Deschutes Place	94539	1,920,000	4	1728	1979	5/12/23
44936 Winding Lane	94539	2,050,000	5	2580	1962	5/8/23
290 Yerba Buena Place	94536	2,070,000	4	2260	1979	5/12/23
33663 Stallion Street	94555	2,449,000	3	2651	2017	5/5/23
1033 Whitmer Court	94539	2,535,000	4	1982	1957	5/10/23
179 Recino Street	94539	2,705,000	4	2552	1974	5/12/23
45389 Rutherford Ter	94539	3,750,000	5	4791	1990	5/12/23
2058 Rutherford Lane	94539	4,040,000	5	5519	2000	5/5/23

HAYWARD | TOTAL SALES: 28

Highest \$: 1,700,000 Median \$: 810,000
 Lowest \$: 365,000 Average \$: 848,607

ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
1280 Stanhope Ln #136	94545	365,000	1	748	1989	5/10/23
648 Marin Avenue	94541	380,000	2	1197	1920	5/8/23
325 Valle Vista Ave #102	94544	380,000	1	598	1984	5/8/23
29599 Vanderbilt St #204	94544	427,000	2	900	1988	5/5/23
1743 B Street	94541	575,000	4	1588	1950	5/12/23
27925 Biscayne Avenue	94544	585,000	3	1000	1954	5/8/23
22139 Castille Lane #57	94541	590,000	2	1171	1982	5/10/23
22367 Western Boulevard	94541	600,000	1	540	1925	5/10/23
430 Willow Avenue	94541	600,000	2	1008	1928	5/12/23
847 West Sunset Blvd #C	94541	650,000	2	1208	1994	5/11/23
2638 Sleepy Hollow Ave	94545	700,000	3	1153	1958	5/11/23
742 Paradise Boulevard	94541	720,000	2	1142	1942	5/11/23
2198 Oak Creek Place	94541	760,000	2	1375	1972	5/9/23
908 Collins Court	94544	805,000	3	1125	1966	5/12/23
25307 Parklane Drive	94544	815,000	2	1445	2020	5/5/23
1363 Inglewood Street	94544	840,000	3	1056	1952	5/10/23
29552 Chance Street	94544	880,000	3	1154	1988	5/12/23

587 Bluefield Lane	94541	910,000	3	1500	1957	5/8/23
25296 Villager Lane	94544	927,500	4	2041	2020	5/9/23
26179 Danforth Lane	94545	965,000	4	1475	1960	5/12/23
2933 Hardeman Street	94541	1,000,000	3	1764	1955	5/9/23
2867 Sunnybank Lane	94541	1,190,000	5	2820	1971	5/9/23
27190 Fielding Drive	94542	1,200,500	3	1683	1980	5/8/23
143 Fagundes Street	94544	1,220,000	-	3638	1980	5/8/23
24282 Rolling Ridge Lane	94541	1,225,000	4	2015	1993	5/12/23
24154 Monument Blvd	94545	1,276,000	4	2249	1978	5/5/23
2605 D Street	94541	1,475,000	4	2596	1947	5/12/23
2853 Seadrift Circle	94545	1,700,000	5	2894	2006	5/12/23

MILPITAS | TOTAL SALES: 6

Highest \$: 1,500,000 Median \$: 1,290,000
 Lowest \$: 1,050,000 Average \$: 1,300,333

ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
215 Baja Rose Street	95035	1,050,000	2	1449	2018	5/9/23
1655 Delano Street #20	95035	1,182,000	3	1530	2018	5/10/23
166 Parc Place Drive	95035	1,205,000	3	1280	2005	5/9/23
430 Desert Holly Street	95035	1,375,000	3	2035	2018	5/9/23
387 Smithwood Street	95035	1,490,000	4	1370	1959	5/11/23
1387 Mount Shasta Ave	95035	1,500,000	3	1763	1981	5/8/23

NEWARK | TOTAL SALES: 6

Highest \$: 1,777,000 Median \$: 958,750
 Lowest \$: 440,000 Average \$: 1,030,750

ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
39821 Cedar Blvd #108	94560	440,000	1	777	1986	5/12/23
6144 Civic Terrace Ave #B	94560	600,000	2	890	1986	5/12/23
6175 Joaquin Murieta Ave #E	94560	757,500	3	1456	1981	5/10/23
5673 Mcdonald Avenue	94560	1,160,000	4	1360	1961	5/5/23
35144 Donegal Court	94560	1,450,000	4	2075	1968	5/10/23
36130 Forestwood Drive	94560	1,777,000	4	2322	2017	5/5/23

SAN LEANDRO | TOTAL SALES: 14

Highest \$: 1,100,000 Median \$: 830,500
 Lowest \$: 510,000 Average \$: 812,929

ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
894 Lewelling Blvd #7	94579	510,000	2	858	1987	5/11/23
1142 Coburn Court	94578	640,000	3	1437	1977	5/5/23
16742 Los Reyes Avenue	94578	660,000	3	984	1944	5/12/23
1789 Dayton Avenue	94579	695,000	3	1121	1954	5/8/23
1660 152nd Avenue	94578	705,000	2	960	1948	5/11/23
14878 Wake Avenue	94578	750,000	2	1018	1945	5/5/23
1255 Margery Avenue	94578	820,000	2	1389	1947	5/10/23
476 Violet Street	94578	841,000	2	880	1947	5/11/23
820 Rodney Drive	94577	850,000	4	1829	1936	5/12/23
844 Collier Drive	94577	925,000	3	1476	1978	5/12/23
1108 Cumberland Ave	94579	950,000	4	1708	1950	5/9/23
398 Herma Court	94577	960,000	4	1585	1922	5/9/23
14210 Rose Drive	94578	975,000	2	928	1942	5/10/23
16037 Gramercy Drive	94578	1,100,000	2	1691	1949	5/8/23

SAN LORENZO | TOTAL SALES: 3

Highest \$: 1,075,000 Median \$: 952,000
 Lowest \$: 830,000 Average \$: 952,333

ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
15839 Via Cordoba	94580	830,000	3	1679	1951	5/9/23
962 Heather Lane	94580	952,000	3	1416	1994	5/12/23
15946 Bayberry Lane	94580	1,075,000	4	1948	1997	5/9/23

SUNOL | TOTAL SALES: 1

Highest \$: 1,075,000 Median \$: 1,075,000
 Lowest \$: 1,075,000 Average \$: 1,075,000

ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
2441 Killcare Road	94586	1,075,000	2	1271	1931	5/11/23

UNION CITY | TOTAL SALES: 10

Highest \$: 1,680,000 Median \$: 927,500
 Lowest \$: 540,000 Average \$: 1,078,200

ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
106 Bolero Plaza #81	94587	540,000	2	880	1985	5/12/23
2204 Grouse Way	94587	800,000	-	1249	1978	5/8/23
33332 9th Street	94587	835,000	4	1325	1950	5/10/23
4360 Agena Circle	94587	850,000	4	1342	1971	5/12/23
1032 Carnelian Terrace	94587	915,000	2	1203	2006	5/10/23
32626 Kenita Way	94587	940,000	3	1738	1978	5/5/23
4561 Delores Drive	94587	1,082,000	4	1907	1972	5/5/23
34751 Sandburg Court	94587	1,480,000	4	1881	2000	5/12/23
2509 Trailside Way	94587	1,660,000	4	2193	1999	5/12/23
32465 Seaside Drive	94587	1,680,000	4	2459	1992	5/5/23

Young Violinists concert to benefit Jenny Lin Foundation

SUBMITTED BY
QUEENIE CHONG

The 6th Violin Benefit Concert presented by Ker Qi Violin Studio (Fremont) is scheduled for Sunday, June 25, to raise funds for Castro Valley-based Jenny Lin Foundation, a nonprofit organization dedicated to promoting child safety and youth music education in the Bay Area.

YOUR UNION CITY NEIGHBOR SINCE 1898

Living Well

MASONIC HOMES OF CALIFORNIA

MASONICHOME.ORG • JUNE 2023



A HOME ON THE HILL

The Origins of the Masonic Home at Union City: Part Four

This summer, the Masonic Homes of California celebrates its 125th anniversary in Union City. In recognition of that milestone, we're exploring organization's long and notable history. Here, Part IV:

THE MASONIC HOMES TODAY

THE MASONIC HOMES AT Union City, located on Mission Boulevard near Dry Creek Regional Park, have been part of the Tri-City community for 125 years. In line with the principles upon which they were founded, the Masonic Homes have provided shelter and care for Masons and their families since its earliest days.

As has been true since the Masonic Homes' founding, today's residents are actively involved in the wider community. The campus now includes nearly 500 residents, including those who live at the Acacia Creek Retirement Community, which is open to both Masons and members of the general public. Hundreds of residents volunteer annually, and find great meaning in giving back. The campus also continues to reach out to the Tri City community through a variety of philanthropic endeavors. The Masonic Homes hosts events for the Union City and Fremont chambers of commerce; sponsors students, educators, and schools through the New Haven Schools Foundation; provides support to a number of other local agencies, including Union City's Ruggieri Senior Center; and welcomes the community to campus for an annual festive holiday tree lighting and other annual events.

The Masonic Homes is actively involved in causes related to aging, and in particular memory care. Each June, the organization recognizes the Longest Day—an international campaign sponsored by the



Alzheimer's Association to raise money and awareness for people experiencing Alzheimer's disease and other cognitive impairments. Its Stepping Stones memory care program, which provides progressive levels of care for those experiencing cognitive challenges, has been accepted as an industry best practice. And in 2021, the new Pavilion at the Masonic Homes opened its doors to both Masons and the general public, offering 24-hour skilled nursing and memory care services.

Since 2015, the Masonic Homes has also offered state-of-the-art post-surgical rehabilitation services to the public through its Transitions program, which has partnered closely with Washington Hospital's Institute for Joint Restoration and Research to provide a highly specialized

CLOCKWISE FROM TOP: AN AERIAL VIEW OF THE CIRCA-1898 MASONIC HOMES OF CALIFORNIA IN UNION CITY AS THEY ARE TODAY; RESIDENTS ENJOY A BAY VIEW FROM ABOVE MISSION BOULEVARD; RESIDENTS IN THE LOUNGE OF THE NEWLY OPENED PAVILION AT THE MASONIC HOMES MEMORY CARE AND SKILLED NURSING CENTER.

staff—all registered nurses—for 24-hour care.

Through its commitment to empowering residents to be active participants in creating a high quality of life for themselves and others, the Masonic Homes' ultimate goal is to help transform the senior care industry, raising quality of life for older adults and inspiring residents of all ages to age successfully. ♦

Learn more about the Masonic Homes of California at masonichome.org.

WHERE YOU LIVE MATTERS



ACACIA CREEK
RETIREMENT COMMUNITY

Phone: (877) 902-7555 Online: acaciacreek.org
34400 MISSION BLVD., UNION CITY

Assisted Living and Memory Care, Elevated



Call to schedule your tour today!

The PAVILION
AT THE MASONIC HOMES

(888) 466-3642 • Pavilion-unioncity.org
34400 MISSION BLVD., UNION CITY, CA

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Arts & Entertainment

\$ = Entrance or Activity Fee
R= Reservations Required
Schedules are subject to change.
Call to confirm activities shown in these listings.

CONTINUING EVENTS

Tuesdays

Poker Tournaments

6:00 pm
Weekly tournaments for beginner or a seasoned player.
The Clubhouse Bistro & Bar
4020 Technology Pl., Fremont
(510) 651-2500
bit.ly/3GllRw1

First and Third Tuesdays Mobile Food Distribution with Tri-City Volunteers

11:30 am - 12:30 pm
Bring your own bag
Fremont Adult School
4700 Calaveras Ave., Fremont
(510) 793-6465
tri-cityvolunteers.org/food

Tuesdays - Sundays

Ride the Rails \$

10:20 am - 3:00 pm
Journey through eucalyptus groves as you travel back in time
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(888) 327-2757
Check the daily schedule upon arrival.
Admission fee applies

Wednesdays

Zumba Gold \$

11:30 am - 12:30 pm
Workout while dancing!
Age Well Center at South Fremont
47111 Mission Falls Ct., Fremont
(510) 742-7529

Wednesdays

Trivia Night R\$

6:30 pm - 8:30 pm
Play & win prizes
The Clubhouse Bistro & Bar
4020 Technology Pl., Fremont
(510) 651-2500
fremontclubhouse.com

Wednesdays

Tropics Bingo

7:00 pm
Flash games
Tropics Mobile Home Park
33000 Almaden Blvd., Union City
(510) 471-8550

First Wednesdays

Talkin' Dirt R

7:00 pm - 8:00 pm
Online gathering of gardeners
Local Ecology and Agriculture
Fremont (LEAF) Center
36501 Niles Blvd., Fremont
bit.ly/3UPp51i

Thursdays

MPX Vaccinations R

9:00 am - 3:00 pm
Receive MPX Vaccinations
Skywest Golf Course Facility
1401 Golf Course Road, Hayward
(510) 954-0560
tinyurl.com/MPX-Skywest

Thursdays

International Folk Dancing in Mandarin R\$

11:30 am - 12:50 pm
Age Well Center at South Fremont
47111 Mission Falls Ct., Fremont
(510) 742-7529
Member: \$35
Non-Member: \$55

Thursdays

Chronic Pain Support Group

12:30 pm - 02:30 pm
Group guidance from Stanford Pain Management Clinic.
Online Events
For zoom link:
agewellcenters@fremont.gov
(510) 790-6600

Thursdays

Game Day

1:00 pm - 3:00 pm
Children and their families are invited for an afternoon of video games.
Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900
rb.gy/xn27n
castrovalley@aclibrary.org

Thursdays

Mike the Magician

3:30 pm - 4:30 pm
7:00 pm - 8:00 pm
Delightful and fun magic show for children of all ages
Milpitas Public Library
160 N Main St., Milpitas
(408) 262-1171
rb.gy/2ib6z

First Thursdays

Plethos Comedy Lab \$

8:00 pm - 10:00 pm
Ever-changing lineup of Bay Area comics (18+)
Castro Valley Market Place
3295 Castro Valley Blvd.,
Castro Valley
(510) 901-1001
plethos.org
Ticket: \$10

Thursdays & Saturdays

Story Time

10:30 am - 11:00 am
Picture book story time
Banter Bookshop
3768 Capitol Ave. Ste.F, Fremont
(510) 565-1004
bit.ly/3VFpbz

Thursday - Sunday

Animal Feeding

3:00 pm - 3:30 pm
Feed livestock and learn about their favorite food.
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(888) 327-2757
Admission fee applies

Fourth Fridays

Eden Night Live

3:00 pm - 7:00 pm
Futsal, music & dancing, food vendors, games, resource fair.
Hayward Adult School
22110 Princeton St., Hayward
(510) 783-4001
acdsal.org/enl

Fridays and Saturdays

Telescope Viewings

7:30 pm - 10:30 pm
Experience the awe and wonder of the universe.
Chabot Space and Science Center
10000 Skyline Blvd., Oakland
(510) 336-7300
bit.ly/3pehdLx

Saturdays

Divine Satsang Sabha

5:00 pm - 7:00 pm
Know techniques of living a virtuous, harmonious, & meaningful life
SMVS (Shri Swaminarayan Mandir)
36665 Cedar Blvd, Newark
(650) 585-5325
bit.ly/4380OGV

Saturdays

Laugh Track City \$

8:00 pm
Series of improvised games and scenes.
Made Up Theatre
4000 Bay St. suite B., Fremont
(510) 573-3633
bit.ly/3HKIhsa

Second Saturdays

Volunteer Work Party R

9:00 am - 12:00 pm
Tackle the projects that benefit from group effort
LEAF CR Stone Garden
55 Mowry Ave., Fremont
bit.ly/3LDQa3H, bit.ly/42sbWy7
volunteer@fremontleaf.org
Volunteer agreement needs to be completed

Second Saturdays

Alviso Adobe Tours \$

1:00 pm
Docent-led tours and video presentation.
Alviso Adobe Park
2087 Alviso Adobe Ct., Milpitas
(408) 586-3210
bit.ly/3Wcmgau

Sundays

Music Meetups Monthly Album Discussion

2:00 pm - 3:00 pm
Discuss a different album with us on the last Sunday of every month.
June: Try Whistling This by Neil Finn
Milpitas Public Library
160 N Main St., Milpitas

(408) 262-1171
<https://rb.gy/uh4k9>
dphillips@sccl.org

Second & Fourth Sundays

Larry "O" Teen Workshop

10:00 am - 12:00 pm
Bike repair Donation accepted
Larry Orozco Teen Workshop
33623 Mission Blvd., Union City
(510) 675-5487
RobertS@unioncity.org
Instagram @bikeunioncity

Mondays & Thursdays

Fruit Tree Gleaning

9:00 am - 10:30 am
Donate fresh fruits from your garden.
LEAF CR Stone Garden
55 Mowry Ave., Fremont
bit.ly/42e4FIR
info@fremontleaf.org

Last Thursdays, February 23 - August 31

The Peaceful Poets

5:30 pm - 8:00 pm
Writers & appreciators meet
Milpitas Public Library
160 N Main St., Milpitas
(408) 262-1171

Second and Third weekends, March 11 - October 29

Public weekend train ride \$

9:30 am - 5:00 pm
1.5 hour round trip on steam and/or diesel operated trains.
Departures: 10:30 am & 1:00 pm
Niles Canyon Railway
6 Kikare Rd., Sunol
(510) 996-8420
Online booking: ncry.org

First & Third Tuesdays & Wednesdays

Trivia Night

6:00 pm - 8:00 pm
Gather your team, grab some beers, and compete to win prizes
Drake's Brewing Company
1933 Davis St. #177, San Leandro
(510) 568-2739
bit.ly/3U31xWD

Tuesdays, April 4 - September 5

Lego & Duplo Time

3:00 pm - 4:30 pm
Create your own design using your imagination and engineering skills.
Centerville library
3801 Nicolet Ave., Fremont
(510) 795-2629

First Tuesdays, April 4 - December 5

BACH- Healthcare & Enrollment

1:30 pm - 3:30 pm
Learn about the services & programs available at Bay Area Community Health
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400

Wednesdays, April 5 - September 6

Board Game Night

4:00 pm - 6:00 pm
Play board games with family, friends, or make new friends
Centerville library
3801 Nicolet Ave., Fremont
(510) 795-2629
bit.ly/3VTzrhF

Second Saturdays, April 8 - December 9

The Ohlone College Flea Market

9:00 am - 3:00 pm
Ohlone College
43600 Mission Blvd., Fremont
(510) 659-6285
fleamarket@ohlone.edu
bit.ly/3ISRWFg

Thursdays, Fridays, & Sundays, April 13 - June 30

Historic Days

10:00 am - 4:00 pm
Ride a train, tour the museum and more
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(888) 327-2757
Admission fee applies

Hayward Animal Shelter



510-293-7200

www.HaywardAnimals.com

16 Barnes Court, Hayward
(Near Soto & Jackson)

Connecting rescued animals
with loving homes!



Chili is a 13 year old Chihuahua mix looking for a home to retire in. Chili is old on the outside but sprightly and young on the inside. Chili would do best in a home with a family with teens and up. To adopt contact Hayward Animal Shelter 510-293-7200



Groot is a 4 year old German Shepherd mix looking for his family to call his own. Groot is fun, likes pets and would do well in a home with some structure. Groot would do best in a home with young kids and up. To adopt contact Hayward Animal Shelter 510-293-7200

First Wednesday & third Sunday, April 16 - November 19

Shinn House tour

1:00 pm - 3:00 pm
Visit Shinn House on a docent led tour
Shinn Historical Park and Arboretum
1251 Peralta Blvd., Fremont
(510) 790-5541
bit.ly/3TWli28

Mondays, April 17 - December 8

Job Lab

12:00 pm - 2:00 pm
One-on-one help for jobseekers
Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900
bit.ly/3mbW8Qz

Fridays & Saturdays, April 25 - August 31

Your Wildest Dreams, an exhibit

11:00 am - 3:00 pm
An exhibit of wildlife's paintings by Rita Sklar
Hayward Shoreline Interpretive Center
4901 Breakwater Ave., Hayward
(510) 670-7270

Tuesdays - Saturdays, May 2 - June 24

"Hawaiians in Hayward"

9:00 am - 4:00 pm
During library hours
Asian American Pacific Islander Heritage art exhibit
Hayward Public Library
888 C St., Hayward
(510) 293-8685
bit.ly/4142uQr

Thursdays, May 4 - August 24

French Conversation Circle R

2:00 pm - 3:45 pm
Practice your French
Hayward Public Library
888 C St., Hayward
(510) 293-8685
bit.ly/HPLFrench23
wu@hayward-ca.gov

Fridays, May 5 - October 20

Fremont Street Eats \$

5:00 pm - 9:00 pm
Food trucks and community fun!
Fremont Downtown Event Center
3500 Capitol Ave., Fremont
(510) 742-7510
bit.ly/2VfuSgv

Wednesday - Tuesday, May 10 - July 18

A Thread Through Time

8:30 am - 4:00 pm
Textile Art by Anita Carse
Hayward Area Senior Center
22325 North 3rd Street, Hayward
(510) 881-6700
bit.ly/423u8hH
During Senior Center hours.

Third Saturdays, May 20 - December 16

Yoga for beginners & beyond

10:30 am - 11:45 am
Join for free yoga class
Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900
bit.ly/44NFZSZ
joesapena@gmail.com.

Sundays, May 21 - July 16

Creative Hands Exhibit at Dove Gallery

12:00 pm - 3:00 pm
A wonderful collection of art depicting hands in creative endeavor
Park Victoria Baptist Church back Parking lot
Dove Gallery
875 S Park Victoria Dr., Milpitas
(408) 464-5011
Dove@ParkVictoria.org

Friday & Saturday, May 26 - August 26

Hayward Live

4:00 pm - 8:00 pm
Musicians, artists & vendors performing live, create art pieces, & have some fun!
All activities will take place on the sidewalks, bump-out patios, and parks
Downtown Hayward
B St., Hayward
hayward-ca.gov/hayward-live

Fourth Saturdays, May 27 - November 25

Reading Buddies for Grades K - 5th

2:00 pm - 03:00 pm
Buddy up with a furry friend & read one-on-one from a favorite book
Milpitas Public Library
160 N Main St., Milpitas
(408) 262-1171
bit.ly/3MEpC3X

Wednesday, May 31 - June 28

PS4 Sport Gaming

3:00 pm - 5:00 pm
Teen sport video games where young adults ages 13-18 play
San Lorenzo Library
395 Paseo Grande, San Lorenzo
(510) 284-0640
rb.gy/ubnqj

Thursdays - Tuesdays, June 1 - August 15

AC Library's Summer Adventure

9:00 am - 5:00 pm
Get an Adventure Guide for activities, reading, and more to receive a book gift and prize drawing entries.
Available at libraries in Alameda County
Online Events
rb.gy/vmtw6

Saturdays, June 3 - August 1

Summer Library Program

10:00 am - 8:00 pm
Reading and activities programs for all ages all summer long. During library hours.
San Leandro Library
300 Estudillo Ave., San Leandro
(510) 577-3970
rb.gy/wc5b5
Kkefer@sanleandro.org

Saturdays, June 3 - September 30

Summer Music Series R\$

7:00 pm - 10:00 pm
Get ready to dance, and sing along to your favorite tunes all summer long!
The Clubhouse Bistro & Bar
4020 Technology Pl., Fremont
(510) 651-2500
rb.gy/iw8sc
Excluding July 1 and September 2

Monday - Friday, June 5 - July 14

Imaginook Summer Camp R\$

9:00 am - 5:00 pm
Six weeks of arts and crafts camps. Kids ages 5-18
Imaginook
39675 Cedar Blvd., Newark
(214) 864-5133
rb.gy/post7

Monday - Friday, June 5 - August 18

Code Ninjas Union City R\$

9:00 am - 4:00 pm
Interactive learning experience for children who are interested in coding and STEM
Ages 5-14
Code Ninjas
1772 Decoto Rd., Union City
(510) 585-9945
rb.gy/e6d1o

First Mondays, June 5 - December 4

Teen Junk Journaling Workshop

5:45 pm - 6:45 pm
Learn the basics of junk journaling and start your own journal!
Hayward Public Library
888 C St., Hayward
(510) 293-8685
rb.gy/igtly
emrys.holmes@hayward-ca.gov

Tuesdays, June 6 - June 27

Student Friends Summer Volunteer Training

4:30 pm - 5:30 pm
Must submit an application prior to attending training. Email for application.
Hayward Public Library
888 C St., Hayward
(510) 293-8685
rb.gy/y2knu
ariana.nussbaum@hayward-ca.gov

First Tuesdays, June 6 - August 1

Lawyer in the Library Phone Appointments

6:00 pm - 8:00 pm
one-on-one telephone appointment, the lawyer can answer questions on most legal topics.
Hayward Public Library
888 C St., Hayward
(510) 881-7980

rb.gy/agx5a
michelle.nogales@hayward-ca.gov

Wednesdays, June 7 - June 28

Summer 2023 Find your voice

11:00 am - 12:00 pm
Read-alouds for grades K-4
Milpitas Public Library
160 N Main St., Milpitas
(408) 262-1171
rb.gy/lh46r

Wednesdays, June 7 - June 28

African Dance and Culture R\$

5:00 pm - 7:00 pm
Experience the joy and vitality of African Dance
Age Well Center at Lake Elizabeth
40086 Paseo Padre Pkwy., Fremont
(510) 790-6606
rb.gy/xvkzu

Second Wednesdays, June 07 - October 04

The Literary Corner: a Fiction Book Club

05:30 pm - 06:30 pm
A monthly literary fiction book club for adults.
Book for June 7: Andrew Sean 'Greer's Less'
Hayward Public Library
888 C St., Hayward
(510) 293-8685
https://rb.gy/dgun1
ricardo.antonio@hayward-ca.gov

Thursday - Saturday, June 8 August 5

I Dream of Color

12:00 pm - 5:00 pm
Paintings and textiles by Jennifer Banzaca
Olive Hyde Art Gallery
123 Washington Blvd., Fremont
(510) 791-4357
rb.gy/ct6aq

Thursdays, June 8 - August 10

Connections Through Music (Special Needs Friendly)

4:30 pm - 5:30 pm
Inclusive musical experience designed for children with special needs, open to children of all abilities!
Newark Public Library
37055 Newark Blvd., Newark
(510) 284-0675
rb.gy/8ttqt
newarklibrary@aclibrary.org
Ages 5-14. Caregivers must be present

Saturday, June 10 - August 26

Computer Crew Teen Tech Help

2:00 pm - 4:00 pm
Meet one-on-one with a tutor to get assistance with basic tech issues.
Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900
rb.gy/cmfw
castrovalley@aclibrary.org

Mondays, June 12 - June 26

Uke Can Do It! for Families R

2:00 pm - 3:00 pm
Check out a ukulele at the library and learn to play songs in our beginner ukulele class!
John Pappas Legacy Room
Weekes Branch Library
27300 Patrick Avenue, Hayward
(510) 881-7953
https://rb.gy/als6o
emrys.holmes@hayward-ca.gov

Monday - Friday, June 12 - August 11

Little Steps STEAM Preschool Summer Camp R\$

9:00 am - 3:30 pm
Explore new activities, learn new skills, make new friends. For children ages 3-6.
Little Steps STEAM Preschool
37957 Fremont Boulevard, Fremont
(510) 955-1150
rb.gy/iqti1
info@littlestepsfremont.com

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Second Mondays, June 12 - December 11

Tenants' Rights Workshop with Centro Legal Services

4:30 pm - 6:30 pm
Tenants' Rights Clinic for Hayward
Tenants with legal issues or questions about their housing.
Hayward Public Library
888 C St., Hayward
510-437-1554
rb.gy/n7k2o
tenantsrights@centrolegal.org
Excluding October

Tuesdays, June 13 - July 25

Crafternoon

1:00 pm - 3:00 pm
Drop in during the program time frame and complete a craft at their own pace
Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900
rb.gy/e49ev
castrovalley@aclibrary.org

Tuesdays, Wednesdays and Thursday, June 13 - August 3

Free Recreational Summer activities in Fremont R

9:00 am - 10:30 am
2nd - 5th grade: 9:00 am - 10:30 am
6th - 8th grade: 11:00 am - 12:30 pm
Session 1: Jun 13 - June 29
Session 2: July 18 - August 3
Brichfield Park
24438 Santa Clara St, Hayward
(510) 881-6700
bit.ly/3NZJ4cr
Limited space, registration going on now

Thursdays, June 15 - June 29

CleanStart Mobile Hygiene Unit Visit

12:00 pm - 2:00 pm
Providing hygiene services to the unshowered
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1444
rb.gy/lbz7c
fremont@aclibrary.org

Fridays, June 15 - June 30

Bouncing Babies Storytime R

10:15 am - 11:15 am
Sing songs and hear stories with your baby.
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400
rb.gy/iam33
fremontchildrens@aclibrary.org

Thursdays, June 15 - July 6

Chess Pop Up Classes for Kids

2:00 pm - 4:00 pm
Kids under 10 learn how to play chess
Centerville library
3801 Nicolet Ave., Fremont
(510) 795-2629
rb.gy/us13w
fremontneighborhood@aclibrary.org

Thursdays, June 15 - December 21

Social Work Services for the Homeless

1:30 pm - 3:30 pm
Highly skilled Social Worker staff will address a variety of services
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400
rb.gy/loewm
fremont@aclibrary.org

Third Tuesdays, June 20 - August 15

Read to a Dog

4:00 pm - 5:00 pm
Read to friendly, excited therapy dogs!
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1421
rb.gy/2uifa
fremontchildrens@aclibrary.org

Tuesdays, June 20 - August 15

TAG/ Teen Tuesdays R

4:00 pm - 6:00 pm
Play board games, join the Teen advisory group, make art and poetry for the teen art board.
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1430
https://rb.gy/b6r6o
ebuchanan@aclibrary.org

Tuesdays, June 20 - September 5

LEGO® Time

3:00 pm - 4:30 pm
Use your imagination and engineering skills to create a LEGO® designs
Centerville library
3801 Nicolet Ave., Fremont
(510) 795-2629
https://rb.gy/p1e3y
fremontneighborhood@aclibrary.org

Tuesday-Sunday, June 22

Patterson House Tours \$

11:00 am - 2:30 pm
Tour the restored Patterson House Museum
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(888) 327-2757
https://rb.gy/pz5f8
Admission fee applies

Thursdays, June 22 - August 3

Summer Adventure English Family Storytime

11:15 am - 12:00 pm
Join us for a series of summer family story-time full of fun stories, songs, and activities!
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400
https://rb.gy/dyq74

Sundays, June 25 - July 23

Teen Figure Drawing

1:30 pm - 2:20 pm
Hang out, chat, meet new people, practice drawing!
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1500
https://rb.gy/1r3r4
fremont@aclibrary.org
Excluding July 2 and July 16

Mondays, June 26 - July 23

Build It Day

1:00 pm - 3:00 pm
Children and their families are invited for an afternoon of Legos, puzzles, and more!
Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900
https://rb.gy/kzhut

Mondays, June 26 - July 31

English Conversations R

12:00 pm - 1:30 pm
Free learning material to development your English conversation skills
Newark Public Library
37055 Newark Blvd., Newark
(510) 284-0675
https://rb.gy/vsefd
lisacarter@aclibrary.org

Fourth Mondays, June 26 - November 27

Adult Tai Chi

2:00 pm - 3:00 pm
Come enjoy a gentle, energizing class with modified Tai Chi movements
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400
rb.gy/jm1xq
Excluding September



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UPCOMING EVENTS

Tuesday, June 20

Science for Kids: Nature Treasure Hunt R

2:00 pm - 3:00 pm
Look for objects outside the library together in a STEM activity. For children 6 and up.
Fremont Main Library
2400 Stevenson Blvd., Fremont (510) 745-1400
rb.gy/m5cj4
fremontchildrens@aclibrary.org

Tuesday, June 20

Family Movie Night

6:30 pm - 8:00 pm
Join us on select evenings in the month of June to watch family-friendly movies
This week: The Little Mermaid (1989)
Milpitas Public Library
160 N Main St., Milpitas (408) 262-1171
<https://rb.gy/wcyzi>
lsigman@sccl.org

Tuesdays, June 20 & June 27

Tween Art Series – Botanical Print Doodle Art R

1:00 pm - 2:00 pm
Learn to make botanical print doodles with pens, paper and leaves.
Newark Public Library
37055 Newark Blvd., Newark (510) 284-0675
rb.gy/q47gn
newarklibrary@aclibrary.org
Registration opens June 13.

Wednesday, June 21

Toddler Time

10:30 am - 11:45 am
Bring the tots out for an exciting morning at the farm.
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont (888) 327-2757
bit.ly/3N4a0Wr
Admission fee applies.

Wednesday, June 21

Juneteenth Storytime

11:00 am - 11:30 am
Join us for our story-time celebrating Juneteenth with special guest Mrs. Jean Ficklin
Newark Public Library
37055 Newark Blvd., Newark (510) 284-0675
rb.gy/zgzgl

Wednesday, June 21

East Bay Vivarium: Travelling Reptile Show

1:00 pm - 2:00 pm
Let's learn about the wild and wonderful world of creepies, crawlies, and critters!
Castro Valley Library
3600 Norbridge Ave., Castro Valley (510) 667-7900
rb.gy/5l250

Wednesday, June 21

Job Search Workshop

1:30 pm - 2:30 pm
Ohlone College Tri-Cities Career Center presents workshop getting you career ready!
Fremont Main Library
2400 Stevenson Blvd., Fremont (510) 745-1444
rb.gy/7z6hn
fremont@aclibrary.org

Thursday, June 22

Kids Pop-Up Park

10:00 am - 2:00 pm
Join the Library and Sheriff's Department for a fun-filled day!
Castro Valley Library
3600 Norbridge Ave., Castro Valley (510) 667-7900
rb.gy/h1xtg
castrovalleylibrary@aclibrary.org

Thursday, June 22

Space Spray-Paint & Sip \$

6:00 pm - 7:30 pm
Social painting session with friends
Chabot Space and Science Center
10000 Skyline Blvd., Oakland (510) 336-7300
<https://rb.gy/bwnit>

Thursday, June 22

Mindfulness Meditation Training for Teens & Adults

6:30 pm - 8:30 pm
Tools to become aware of breath, body sensations, emotions, and thoughts
13 years old and up.
Online Events
rb.gy/o176d

Friday, June 23

Family Game Day

2:00 pm - 4:30 pm
Free game night! Join us for a few hours of board games.
Fremont Main Library
2400 Stevenson Blvd., Fremont (510) 745-1421
rb.gy/8isq4
fremontchildrens@aclibrary.org

Friday, June 23

Paint Night with DJ R

7:00 pm - 9:00 pm
Join us as we collaborate with Its A Vibe Paint Party as we pay tribute to Tupac!
The Clubhouse Bistro & Bar
4020 Technology Pl., Fremont (510) 651-2500
<https://rb.gy/xl1dr>

Saturday, June 24

Birds Of The Farm

8:00 am - 9:30 am
Explore the gardens and fields looking for migratory birds in their home habitat!
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont (510) 544-3282
bit.ly/3qxMPw8
CGarcia@ebparks.org
Admission fee applies.

Saturday, June 24

V.I.P.- Volunteer In Parks

9:00 am - 12:00 pm
Work includes litter pick up, pulling weeds, spreading mulch and more.
Stonebrea School
28761 Hayward Blvd., Hayward (510) 881-6700
rb.gy/1ozkb

Saturday, June 24

Cool Adaptations Scavenger Hunt

10:00 am - 11:00 am
Learn about some of the things that plants and animals keep cool in the summer.
Sunol Regional Wilderness Visitor Center
1895 Geary Rd., Sunol (510) 544-3245
rb.gy/e8bcz
\$5 parking fee

Saturday, June 24

Coyote Hill Puppet Show

11:30 am - 12:00 pm
Follow our cast of animal characters on an imaginary adventure around the park.
Coyote Hills Visitors Center
8000 Patterson Ranch Rd., Fremont (510) 544-3220
rb.gy/59voo
Parking fee applies

Saturday, June 24

Homes For Bees

12:30 pm - 1:30 pm
Explore the many types of bees that live in our area and learn how to help them survive.

Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont (510) 544-3282
rb.gy/whc0u
CGarcia@ebparks.org
Admission fee applies

Saturday, June 24

Ohlone Cultures Info Table

1:00 pm - 2:30 pm
Learn the rich cultural history of the Ohlone
Sunol Regional Wilderness Visitor Center
1895 Geary Rd., Sunol (510) 544-3245
rb.gy/bxn2l
Parking Fees apply

Saturday, June 24

Rancho to Ranch Homes Virtual Program

1:00 pm - 2:00 pm
Hear Rick Kelly discuss the extensive research behind his book about the history of Castro Valley
Online Events
rb.gy/kk8sa

Saturday, June 24

Magic and Balloons with Mr. SHAP

2:00 pm - 4:45 pm
Bring the whole family and enjoy an afternoon filled with fun, magic, and balloons!
Fremont Main Library
2400 Stevenson Blvd., Fremont
rb.gy/u3ufz, rb.gy/2mhw1
fremontchildrens@aclibrary.org
Tickets sold at 1:45 pm and 3:15 pm

Saturday, June 24

Storywalk Along the Marsh

3:00 pm - 3:30 pm
Join us for an outdoor story walk as we explore the wonders of the marsh.
Coyote Hills Visitors Center
8000 Patterson Ranch Rd., Fremont (510) 544-3220
rb.gy/5ase4
Parking fee applies.

Saturday, June 24

Hike & Sip

5:00 pm - 9:30 pm
5 pm Hike: Easy interpretive hike with moderate terrain (75 minutes)
6:30 pm Hike: Moderate interpretive hike with some hills (90-120 minutes)
Complete waiver prior to arrival.
Chabot Space and Science Center
10000 Skyline Blvd., Oakland (510) 336-7329

rb.gy/prxpo
LHoover@chabotspace.org

Saturday, June 24

It (1927, Paramount)

7:30 pm
Clara Bow has "it"; that undefinable something that can only be seen to be understood.
Preceded by shorts.
Niles Essanay Silent Film Museum
37417 Niles Blvd., Fremont (510) 494-1411
rb.gy/x8e07

Sunday, June 25

The Secret Life of Dragonflies

10:00 am - 11:30 am
Learn about the secret life of the Dragonflies
Sunol Regional Wilderness Visitor Center
1895 Geary Rd., Sunol (510) 544-3245
rb.gy/yx9y7
Parking fee applies.

Sunday, June 25

Farm Chores for Kids

10:30 am - 11:00 am
Lend as we prepare a morning snack for the farm animals.
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont (888) 327-2757
<https://rb.gy/f3blx>
Admission fee applies.

Sunday, June 25

Nectar Garden Tour

1:00 pm - 1:30 pm
Discover native plants and pollinators using all your senses.
Coyote Hills Visitors Center
8000 Patterson Ranch Rd., Fremont (510) 544-3220
rb.gy/tpzcu
Parking fee applies.

Sunday, June 25

Reptile Meet and Greet

2:00 pm - 2:30 pm
Crawl, slither, or glide on over for an encounter with wildlife!
Sunol Regional Wilderness Visitor Center
1895 Geary Rd., Sunol (510) 544-3245
rb.gy/3o3ff
Parking fee applies.

Community Bulletin Board

**10 lines/\$10/ 10 Weeks
\$50/Year**

510-494-1999 tricityvoice@aol.com

	<p>FREMONT COIN CLUB Established 1971 Meets 2nd Tues in person 7pm Meets 4th Tues with Zoom 7pm Holy Trinity Lutheran Church 38801 Blacow Rd, Fremont Guests Always Welcome, Enjoy Show N Tells, Drawings Auction, Refreshments www.fremontcoinclub.org 510-366-1365</p>		<p>Shout out to your community Our readers can post information including: Activities Announcements For sale Garage sales Group meetings Lost and found For the extremely low cost of \$10 for up to 10 weeks, your message will reach thousands of friends and neighbors every TUESDAY in the TCV printed version and continuously online. TCV has the right to reject any posting to the Community Bulletin Board. Payment must be received in advance. Payment is for one posting</p>	<p>only. Any change will be considered a new posting and incur a new fee. The "NO" List: • No commercial announcements, services or sales • No personal services (escort services, dating services, etc.) • No sale items over \$100 value • No automobile or real estate sales • No animal sales (non-profit humane organization adoptions accepted) • No P.O. boxes unless physical address is verified by TCV</p>
<p>Are you troubled by someone else's drinking? Al-Anon and Alateen Family Groups are here to help! Al-Anon has but one purpose, to help families and friends of Alcoholics. We have in-person and zoom meetings. Visit https://alanond17.weebly.com/ for a full meeting list. You can also email easyduz@gmail.com or call us at 510.276.2270 for more info.</p>		<p>A-1 Comm. Housing Svcs. A HUD Approved Agency 1st Time Home Buyers Workshop Presented on ZOOM Learn the process of homeownership. Down Payment Assistance Please register www.a1chs.org or call 510.674.9227</p>		
<p>FIRST UNITED METHODIST CHURCH 2950 WASHINGTON BLVD, FREMONT, CA We welcome you and your family into the life of Fremont First, regardless of your skin color, ethnicity, sexual orientation, gender identity, physical or mental capacity, religious background, family configuration, economic means or immigrations status. Check out our website: www.firstchurchfremont.org See our website to meet us on Zoom</p>		<p>Scholarships for Women Fremont PEO/UF sponsors scholarships for women entering college, earning another degree, returning after 2+ years. 2% education loans. www.peocalifornia.org peouf150@gmail.com</p>	<p>10th Annual Larry O Car Show Saturday, August 12 9:00 AM - 3:00 PM Ruggieri Senior Center 33997 Alvarado-Niles Rd. UC Drawing, Prizes, Food Trucks & More!! FREE Admission Classic, Custom Cars, Trucks & Hot Rods - From the 1920's - 1970's Will be on display Music by Mr. Extremo Limited Space - Register 510-675-5495 Proceeds benefit Ruggieri Senior Center</p>	<p>SAN LEANDRO HISTORICAL RAILWAY SOCIETY is open to the public each Saturday from 9 am to 1 pm. Located at 1302 Orchard Ave, San Leandro, Ca. Outdoor & indoor model trains will be in operation. Information: Eugene 510 963-2965 Model train donations: Bob 510 566-3499</p>
<p>Memorial Lutheran Chapel for the Deaf (MLCD) MLCD is an independent congregation in partnership with Prince of Peace Lutheran Church and School. Location: Prince of Peace Lutheran Church and School (Meeting in Mosley Chapel) 38451 Fremont Blvd., Fremont, CA Sunday Bible Study: 9:30 a.m. - Sunday Worship: 11:00 a.m. Church Office: 510-499-8473 or 510-516-9566 Email: mlcdeaf@yahoo.com OR gomez.andylorena@sbcglobal.net You can find us at: Memorial Lutheran Chapel for the Deaf-YouTube "Where people gather...to worship, learn and share the love of Jesus"</p>		<p>The Friendship Force of the San Francisco Bay Area Experience a country and its culture with local hosts; meet global visitors. Guests from Chile in 2023 Many outbound trip possibilities Enjoy our many Bay Area events. www.ffsfba.org www.friendshipforce.org Call or text 510-363-0531</p>	<p>President's Distinguished Club Newark Toastmasters can help you improve your speaking and leadership skills. We meet via Zoom every Tuesday 7 am - 8 am It's FREE to attend as a guest. Info: wmfitts@yahoo.com proficka@gmail.com www.1118.toastmastersclubs.org</p>	<p>Join the American Association of University Women - Fremont Branch Make new friends Create STEM opportunities for girls Arrange STEM summer camps for teens Attend social events Choose students for college scholarships Meet with your book group. Gather for coffee Have Fun https://fremont-ca.aauw.net/</p>
<p>TRI-CITIES WOMEN'S CLUB Meets on the third Tuesday Elk's Club on Farwell Drive 9:15 - Cards & Games 11:30 - Lunch 1:00 - Program & Meeting Group meeting monthly/bimonthly; bridge, lunch bunch, Rummikub, bocce ball & book club. For more info, call 916-217-3074</p>	<p>Want to see a collection of vintage buses? Visit the Pacific Bus Museum in Fremont at 37974 Shinn Street. View and explore these antiques which were built from 1932 to 1995. Open the first and third Saturday of every month from 10am to 2pm. Children always welcome. www.pacbus.org</p>	<p>First church of Christ Scientist, Church Service English at 10 AM Lección Sermon leído A las 11.15 AM EN ESPAÑOL 1351 Driscoll Rd Fremont ALL WELCOME! BIENVENIDOS TODOS W E L C O M E</p>		<p>THE HISTORIC SHINN HOUSE 1251 Peralta Blvd, Fremont, CA Open for public tours \$4 adults, \$2 Children (7-13) on the: First Wednesday of each month, and Third Sunday of each month from 1 PM to 4 PM. Groups of six or more need to make a reservation Groups of five or less are welcome without a reservation We will enforce current local CDC Guidelines All tours are Docent led and last about one hour. More information and large group reservations call: (510) 795-0891</p>
<p>Fremont Cribbage Club Meets to play weekly, every Weds. We play a Cribbage Tournament starting at 5PM. at BRONCO BILLY'S PIZZA at 41200 Blacow Road, Fremont We welcome experienced players and will work with new players hoping to learn the game. Email: Accgr43@gmail.com For more information.</p>		<p>LOVE to WRITE? WANT to WRITE? WRITER'S BLOCK? Fremont Area Writers (FAW) is here to HELP! Zoom meeting 4th Saturday of the month (off July & Dec) 2:00-4:00 PM Great speakers! * All genres! * Critique groups available! Email scottfrombayside@yahoo.com for Zoom link before the meeting. Writers' Salon meets 4th Monday of the month (occasional exceptions) Join us via Zoom 7:00-9:00 PM Read, discuss or just listen. Email up.dragonfly.com@gmail.com for Zoom link before the meeting. Everyone is welcome! www.cwc-fremontareawriters.org</p>		
<p>SENIOR SOCIAL ACTIVITIES Friendly & fun group open to men & women. Variety of activities: Bocce ball, Day trips, BBQ, Dinner, Wine tasting and more. Free newsletter. For information 925-803-1313 510-303-1055</p>			<p>NATIONAL ACTIVE AND RETIRED FEDERAL EMPLOYEES protecting and preserving your benefits Meets at Noon the 4th Friday at Fremont's Age Well Center at Lake Elizabeth Come meet new and old friends, discuss developments regarding your benefits, share your experience and knowledge and get involved. For info: www.NARFE.org or 800-456-8410 (5am-2pm PT M-F) or leave msg for Jeannie at 510-792-6327</p>	
<p>A-1 Comm. Housing Svcs. A HUD Approved Agency Credit and Money Mgmt. Workshop Presented on Zoom For dates, go to our website Please register at www.a1chs.org call 510.674.9227</p>		<p>BINGO BINGO BINGO Niles Canyon Mobile Estates 711 Old Canyon Road, Fremont (Niles District) The FIRST MONDAY of Every month in 2023 Doors Open @ 6:00 PM Games Start @ 7:00 PM \$7.00 - 6 pack; \$1.00 Bonanza; \$1.00 Blackout; \$1.00 Hot Ball; \$2.00 Daubers</p>	<p>NEWARK TROOP NEWARK TROOP 186 is looking for 6th - 12th grade boys to join us in amazing wilderness adventures, merit badge training, community service, and more! Email the troop at EvelynMarieLittle@gmail.com for more info or join us Mondays at 7:15pm at the First Presbyterian Church in Newark"</p>	
	<p>Ohlone College Flea Market 2nd Saturday of every month 9AM - 3PM Free Admission Free Parking in Lot C ONLY! Hunt for treasures, find unexpected bargains and deals nestled in the lovely Fremont Hills.</p>	<p>Afro-American Cultural & Historical Society Sharing our culture and history in the Tri-Cities and surrounding area Meetings: Third Saturday 5:30-7:30pm begin in October Newark Library 37101 Newark Blvd. Newark 510-793-8181 aachstricity.org</p>		

OPINION

TRI-CITY VOICE
SERVING FREMONT, NEWARK, MILPITAS, HAYWARD, SAN JOSE, AND UNION CITY
"Accurate, Fair & Honest"

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WILLIAM MARSHAK

A raging fire

American novelist James Baldwin (1924-1987) published a widely acclaimed pair of essays in 1963 under the title, *The Fire Next Time*. In the midst of tremendous national turmoil, his voice reflected the contradictions and angst of the racial divide in our country and how each generation relays experience and attitudes to those succeeding them. The first essay, "My Dungeon Shook", a letter to his nephew, speaks frankly about the conditions of racial prejudice on both perpetrator and recipient following 100 years of "emancipation". In the second essay, "Down at the Cross", Baldwin delves into the role of religion and its effect on racial inequity. Both are unsettling as they bear testament to the ravages of slavery, inequality and basic human rights.

We have now lived and "evolved" for many decades since those tumultuous times. In recent days, we have witnessed the promise and detriment of the result.

What was considered normal behavior and racial consciousness, has both progressed and declined simultaneously. This contradiction is the result of changes that are not new to our country - continued immigration, misogyny, racial prejudice and, at least, partial recognition of past injustices to those forced to immigrate as slave laborers. Reaction toward a goal of equal opportunity and ideals of a welcoming and tolerant country is mixed. In the cauldron of a world-wide pandemic, paired with civil unease due to racial and value-oriented divergence, some have resorted to extreme and violent behavior that threatens the foundation of our democratic republic. This is not only intolerable, but the very antithesis of the ideals we aspire to achieve.

For those who believe destruction is the only viable path to achieve their goals, I ask, what lies at the end of that road? Peaceful coexistence or a barren landscape, devoid of harmony? It is not essential to agree with everything Baldwin wrote, but it is necessary to understand the pain and anguish behind those thoughts. Whether considered in the context of civil rights, liberty, religious values or common decency, Baldwin says that change is only possible when the issue is confronted. He writes, "Not everything that is faced can be changed, but nothing can be changed until it is faced."

The difference between dissent and descent is ours to make. The events of the

last few years in throughout the country, are a reminder that a thin veneer separates rational discourse of differing viewpoints from vicious, senseless and unreasonable behavior. Vocal opposition and persuasive arguments will not always prevail, but violent, riotous, destructive behavior only leads to one result... fear, pain, chaos and unhappiness. Those who believe their position in society depends solely on the restriction of opportunity for others are fighting a losing battle. This is not the message of the United States of America!

James Baldwin gave the publication of his essays a title, "The Fire Next Time" as a warning of what was to come. Culled from a spiritual slave song, "Mary don't you weep", it is a biblical reference to the flood of Noah's time:

God gave Noah the rainbow sign
No more water, the fire next time

Apparently, we haven't listened closely enough in the past, will we do better in the future?

William Marshak
PUBLISHER

California skate park named for Black motorist fatally beaten in police traffic stop

THE ASSOCIATED PRESS

Officials dedicated a California skate park Sunday in honor of Tyre Nichols, a Black man who spent much of his youth in the state and was killed last January in what prosecutors said was a fatal beating by police in Tennessee during a traffic stop.

An avid skateboarder, Nichols spent much time as a youth at the park on the outskirts of Sacramento. City officials and others held a ribbon-cutting ceremony for the newly renovated skate park now named for Nichols.

Nichols moved to Memphis, Tennessee, shortly before the coronavirus pandemic and lived there with his mother and stepfather. He enjoyed photography — especially taking photos of landscapes and sunsets.

"Photography helps me look at the world in a more creative way. It expresses me in ways I cannot write down for people," Nichols wrote on showcasing his photos.

On the night of Jan. 7, Memphis police pulled over Nichols on his way home from taking pictures of the sky. Just a few minutes from home, he was brutally attacked by several police officers, according to a lawsuit Nichols' family filed against Memphis police.

Nichols died three days later at a hospital. Five Memphis officers were fired and have been charged with murder and other offenses in the death. The officers, who are all Black, each face charges of second-degree murder, aggravated assault, aggravated kidnapping, official misconduct and official oppression.

The lawsuit his family filed against Memphis police in April seeks \$500 million in damages.

The death of Nichols, a 29-year-old father and FedEx worker, has raised fresh questions about police violence against unarmed Black men.

In video footage of the beating, Nichols is heard saying he just wanted to go home, family lawyers have said. He was less than 100 yards (90 meters) from his mother's house.

LETTER TO THE EDITOR

Ramirez Farms

I would add to the articles in the Tri-City Voice about the Ramirez Farm in Union City. Anything about the past, they don't want around anymore. It's a shame the way they destroyed all the farms and ranches around here. They call all this building progress, it's not

progress at all. My father had an apricot ranch across Lake Elizabeth. Back when I was a kid people lived a better life and they were happier, they lived longer too. I want to see they Ramirez Farm around for a long time. They roughened this bay area. I've been around here

all my life. There's a lot of greed with all this building.

Leonard F. Rose
Fremont

LOV BINGO
Monday Nights
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Doors Open 4:00PM
Lightning Game 6:00PM
Regular Games 6:30PM

CO OR POWER BINGO MACHINES
All Regular Games and Double Action Specials Are in the Power Bingo Machine.
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Monday, June 26

Pride Month Bingo R

12:30 pm - 3:00 pm
Enjoy the fun of Bingo and your knowledge of figures from the LGBTQ+ community throughout history.
San Lorenzo Library
395 Paseo Grande, San Lorenzo
(510) 284-0640
rb.gy/3ys0a

Monday June 26 - Thursday, Jun 29

Crochet Camp for Kids

1:00 pm - 2:00 pm
Kids will learn and practice crochet stitches and walk away with their own handmade beanie!
Newark Public Library
37055 Newark Blvd., Newark
(510) 284-0675
rb.gy/vw4pk
newarklibrary@aclibrary.org

Tuesday, June 27

Coffee with a Cop

2:00 pm - 3:00 pm
Come visit with officers and administration from Newark PD and enjoy free iced coffee
Newark Public Library
37055 Newark Blvd., Newark
(510) 284-0675
rb.gy/4hd2g

Summer Concerts

Milpitas Summer Concert Series

6:30 p.m. - 8:30 p.m.
Free admission excluding July 4

July 4

Sacred Fire Band

Milpitas Sports Center Complex
1325 E. Calaveras Blvd.

July 21

Jordan T

Pinewood Park
Starlite Dr. & Lonetree Ct.

August 4

Billy Martini Show

Milpitas Sports Center Complex
1325 E. Calaveras Blvd.

August 5

Other People's Money

Milpitas Sports Center Complex
1325 E. Calaveras Blvd.

www.milpitas.gov/milpitas/departments/recreation-services

Alameda County Fair concerts

8:00 p.m. - 9:15 p.m. nightly (except July 4)
7 p.m. Gates Open

June 21: Jesse McCartney

June 22: Ashanti

June 23: Quiet Riot

June 24: Queen Nation

June 25: Mi Banda El Mexicano

June 28: Joe Nichols

June 29: E-40

June 30: Gin Blossoms

July 1: George Michael Reborn

July 2: Purple Reign - Prince Tribute

July 3: LANCO

July 5: Night Ranger

July 6 LeAnn Rimes

July 7: Mirage, Visions of Fleetwood Mac

July 8: Super Diamond - The Neil Diamond Tribute

July 9: Karla Perez as Selena

Alameda County Fairgrounds Amphitheatre
Gates 8 & 12 off Valley Ave., Pleasanton
(925) 426-7600
https://alamedacountyfair.com/

Hayward Municipal Band Summer Concerts in the Park

Sundays, June 18 - July 9
Hayward Memorial Park, Tony Morelli Bandstand
4176 Mission Blvd., Hayward (Behind Hayward Plunge)

Groovin' at the Grove

Fridays; 5:00 p.m. - 7:30 p.m.
4 p.m. Gates Open
Bring a blanket or low-backed chair

June 30

5 p.m. Mike Torres Band
6 p.m. The Servants

July 14

5 p.m. Randy Lira's All-Stars
6 p.m. Evolution

July 28

5 p.m. OMT Band
6 p.m. Tortilla Soup

Shirley Sisk Grove, NewPark Mall
2086 NewPark Mall Rd., Newark
https://www.newark.org/

Pacific Commons Summer Concerts

Fourth Fridays
7 p.m. - 9 p.m.

June 23 - Andre Thierry

July 28 - Neon Velvet

August 25 - East Bay Mudd

September 22 - The Cheeseballs

The Block near Koja Kitchen
43440 Boscell Rd., Fremont
pacificcommons.com

Central Park Summer Concert Series

6 p.m. - 8 p.m.

June 29 - CC Segar

July 13 - Melody Makers

July 20 - Pride & Joy

July 27 - Touch of Class

August 3 - Idea Band

August 10 - Flock of Seagirls

Central Park Performance Pavilion
40204 Paseo Padre Pkwy, Fremont
(510) 790-5541
www.fremont.gov

Niles Concerts on the Plaza

Saturdays; 4 p.m. - 8 p.m.

July 8 - The Zydeco Flames with Iko Ya Ya

August 5 - The Coffis Brothers with Anthony Arya

September 9 - David Luning with The Hurricane Roses

October 7 - Jinx Jones & the Kingtones with Three on the Tree

Niles Town Plaza
37592 Niles Blvd., Fremont
niles.org

H.A.R.D and Hayward Odd Fellows Summer Concert Series

1 p.m. - 4 p.m.

Sundays, August 6 - September 24 (no concert September 3)

Hayward Memorial Park
24176 Mission Blvd., Hayward

Summer Outdoor Movies

Movie Night Out

8:30 p.m.
\$10; register ahead of time

June 23

Soul

Sinnott Park
Tahoe Dr., Milpitas

July 14

Paws of Fury: The Legend of Hank

Peter Gill Memorial Park
Santa Rita Dr. & Paseo Refugio

July 28

Ant Man & the Wasp

Higuera Adobe Park
Wessex Pl., Milpitas

www.milpitas.gov

Family Movie Nights

Bring lawn chairs, blankets, snacks

July 11

Family Camp

8 p.m.
Chabot Park

July 28

Minions: Rise of Gru

7 p.m.
Farrelly Pool
\$3 pre-registration, \$6 at the door

August 8

Hotel Transylvania: Transformania

Washington Manor Park

www.sanleandro.org/377/Recreation-Human-Services

Free Outdoor Movies

8 p.m.
Bring picnic dinner, low-back chairs or blankets, and flashlights

June 23

Lightyear

Mr. Eden Park

July 21

DC League of Super Pets

San Lorenzo Community Park

August 18

Turning Red

Castro Valley Community Park

September 8

Hotel Transylvania 4

Meek Park

www.haywardrec.org

Free Outdoor Movie Night

Friday, July 7

6:30 p.m. start; movie at sunset
Food trucks, bounce houses, crafts, games
Bring blankets or low-back chairs
Newark Community Center Park
35501 Cedar Blvd., Newark

Bark After Dark

8 p.m.
Bring low-back chairs and/or blankets. Pets must remain on leashes

July 7

Secret Life of Pets

July 14

Air Bud

July 21

Disney's Bolt

July 28

Lady and the Tramp

Kennedy Community Park
1333 Decoto Rd., Union City

Classic Movies Under the Stars

\$5 Barbara Lee Senior Center Member; \$10 Non-Member
Register online or at the Senior Center

July 21

8:30 p.m.
A League of Their Own
Cardoza Park

August 18

Grease (1978)

Barbara Lee Senior Center

www.milpitas.gov

Chabot College Promise Program

BY STAFF

Founded in 1961, Chabot College offers academic programs and experiences for students to succeed in their education, progress in the workplace, and engage in the civic and cultural life of the community.

Academic offerings include more than 130 Associate Degree or Certificate programs. 14,000 students of diverse backgrounds and cultures from all over the world attend Chabot.

The Chabot College PROMISE for first-time, full-time students:

Students attending Chabot College as their first institution of higher education, and enrolled full-time (12 units or more) will be guaranteed No Enrollment Fees for the First Year (Fall 2023 and Spring 2024).

Chabot College provides online & on-campus classes, days & evenings. Chabot carries a strong reputation for excellent Auto-Tech, Emergency Medical Services and Nursing programs. Students can graduate from Chabot in 2 years as a registered nurse.

The Hayward campus boasts a well-equipped Athletic Department that includes tennis; football; swimming; baseball; and track & field teams.

The college also coordinates occupational apprenticeships in Construction trades; Healthcare; Advanced Manufacturing; Information Technology; and many other fields.

The East Bay institution has an active, visible student government and an array of social and academic clubs. The campus also houses numerous cultural support services.

Chabot offers several academic support programs like FYE and PACE. The FYE Program assists students with their first year experience. PACE, Program for Adult College Education, is designed for people working 9-5 who wish to complete their freshman & sophomore levels of college.

The Chabot College PROMISE Program will cover the \$46 per unit enrollment/tuition fee at Chabot College only. Students are responsible for any books, supplies and materials fees that a class requires, as well as other non-tuition fees.

Applications are due by August 1, 2023. For more information visit www.chabotcollege.edu

Promise Day at Chabot
Wednesday, June 28
3 p.m.-6 p.m.
Student Services Building Event Center
Chabot College
25555 Hesperian Blvd.,
Hayward
(510) 723-6600

Fremont City Council

June 6, 2023

Consent Calendar

• Approve a list of projects for funding by revenues authorized by the Road Repair and Accountability Act

• Authorize participation forms and state agreements related to national opioid settlements; ratify documents; accept and appropriate settlement funds for the provision of prevention, intervention, treatment, and harm reduction services to address the impact of opioids on youth and adults in Fremont

• Adopt a resolution acknowledging the Fremont Fire Department's report

regarding performance of annual fire inspections

• Authorize the Master Services Agreement with JTS Tree Expert, Inc. for tree planting and providing young tree care services.

• Authorize agreement and issue purchase orders with Epic iO Technologies, Inc. and Neology, Inc. for the purchase and installation of replacement cameras in the Community Camera Program

• Authorize agreements with GameTime and Ross Recreation Equipment for playground equipment at Kennedy and Sabercat playgrounds sites located at Central Park

• Approval of service agreement with Pyro-Comm Systems for fire alarm and intrusion alarm monitoring, inspection, testing, and maintenance; and fire sprinkler inspection, testing and

maintenance for city-owned buildings for a five-year period

• Initiation of a proceeding to consider vacation of a portion of Washington Boulevard near Ellsworth Street and set a public hearing on July 11, 2023 at 7 p.m.

• Acceptance of bequest from Tasos Belias for the Tri-City Animal Shelter; execute termination and release agreement

• Request for continued participation in Alameda County HOME Investment Partnership Act (HOME) Program Consortium

Mayor Lily Mei	Aye
Vice Mayor Teresa Cox	Aye
Raj Salwan	Aye
Yang Shao	Aye
Teresa Keng	Aye
Jenny Kassan	Aye
Desrie Campbell	Aye

California Highway Patrol Log

SUBMITTED BY CHP HAYWARD AREA

Monday, June 12

• At approximately 5:10 p.m., Officers assigned to the CHP Dublin Area Office were advised of a freeway shooting that occurred on Interstate 880 near I-238.

It is believed that the incident took place at approximately 12:55 a.m. Officers located one victim who did not sustain any injuries as a result of this shooting. The CHP Dublin Area is investigating this incident.

Currently, a suspect has not been identified. Any assistance from the public in gathering additional details surrounding this shooting is appreciated. If you have any information regarding this incident, please call the CHP Hayward Area office at (510) 489-1500.

Classifieds Deadline: Noon Thursday
(510) 494-1999 | tricityvoice@aol.com

CLASSIFIEDS

HANDYMAN FREE ESTIMATES

R. Matias Mendoza
925-565-7229

matisar.25.rm@gmail.com

Residential/Commercial Monthly Maintenance

Kitchen/Bathroom Remodel
 Electrical wiring, Door Installation
 Tiles, Paint, Dry Wall, Sewer line repair
 Driveway, Retaining Walls, Fences
 Sprinklers System, Lawn, Clean up
 Any Interior or Exterior jobs



LANDSCAPING SERVICE

Trees - Trimming - Pruning

Patio - Mowstrip - Flagstone

Driveway - Paver stone - Fence

Retaining Wall - Concrete Stamp color

Sod seed - Sprinkler System

Rock & Bark - Walkway - Brick

New Lawn - Yard & Hillside Clean Up

Block - Concrete - Artificial Grass

Please Call: Mr. Tony

510-599-8814

**MONTHLY
 MAINTENANCE
 2 OR 4 TIMES
 A MONTH**

FREE ESTIMATES

Lic. #758988

Sr. Manager, Continuous Improvement (Union City, CA)

- Manages effort to identify opportunities for long- and short-term CI strategies, working closely with cross-functional and operational teams to implement efficiencies and measurement methods. Master's degree in Industrial Engineering or Mechanical Engineering with 1 year experience in operations analysis in manufacturing environment; project management; lean and six sigma tools and methodologies, especially 5S, Kaizen, Fishbone, Five Why's, or DMAIC model. Work Locations: 50% onsite at HQ in Union City, 50% telecommuting from Alameda County, travel is less than 10% of job. Salary \$144,500 to \$150,000. Resume to: La Terra Fina, 1300 Atlantic Street, Union City, CA, 94586; fsanchez@laterrafina.com

Product Engineer, Lam Research Corporation, Fremont, CA.

Excte prjcts for the dvlpmnt of future cost-effctve extreme ultraviolet lithgrphy dry resist sols for high numrcal apture (high-NA) EUV patrrning. Req Bach's deg or foreign equiv, in Mech Engg, Elctrcl & Elctrnics Engg or rel + 5 yrs of post-baccalaureate's, progrssv exp in process engg role OR emplyr will accept 7 yrs of exp in process engg role. May req trvl upto 30% or as needed. Salary: \$134,106 - \$176,000/yr. Please email resume to resumes@lamresearch.com and reference Job #0633.

RF C&F Engineer, Lam Research Corporation, Fremont, CA.

Use fundmntl princpls of plasmas & prfrm computational modling of multiscale phenomna occurring in RF plasma dischargs, plasma prcssing equip & on-wafer feature scale phenomna. Req a master's deg or foreign equiv in Elctrcl & Comp Engg, Chemcl Engg or rel + 3 yrs of exp; Or a PhD deg or foreign equiv in Elctrcl & Comp Engg, Chemcl Engg or rel + 1 yr of exp. Salary: \$161,581 - \$233,000/yr. Please email resume to resumes@lamresearch.com and reference Job #1946.

Process Engineer, Lam Research Corporation, Fremont, CA.

Rspnsble for perfr'g profssnl process engg resrch, devlpmt & evaltn in supprt of comp's complx semiconductor capitol eqpmnt & systms. Req. Master's degr in Chem Engg, Elect'l Engg, Mech'l Engg, Physics, Chemistry, Material Sci or a rel field, plus 2 years of exp in process engg. Salary: \$148,030 - \$207,000/yr. Exp may be gained while in graduate school. Plse email resume to resumes@lamresearch.com & ref Job #5189.

Technical Program Manager (Gas Delivery), Lam

Research Corporation, Fremont, CA. Lead cross functional tchncl teams to enable sols for Etch Gas Delivery hardware prduct dvlpmnt & release. Req. Master's deg or foreign equiv in Mechanical/Chem/Material Sci Engg, or rel + 2 yrs of exp in an engg or prjct mgmt role. \$141,025 - \$207,000/yr. Please email resume to resumes@lamresearch.com and reference Job #6203.

Process Engineer (Mult Pos), Lam Research Corporation, Fremont, CA.

Responsible for performing professional process engg rsrch, dsgn, dvlpmnt, modification, & evaluation in spprt of the company's complex semicndctr cptl equipment & systms. Req Master's deg in Chem Engg, Elect Engg, Mech Engg, Physics, Chem, Materials Sci or rel + 2 yrs exp in process engg. Exp may be gained while in graduate school. Salary: \$144,900 - \$207,000/yr. Please email resume to resumes@lamresearch.com and reference Job #9715.

Product Engineer, Lam Research Corporation, Fremont, CA.

Work on new prodct intrdctn & prodctn supprt engg for specfc prodct or group of prodcts. Req master's deg in Elctrcl, Chemical or Mchanicl Engg, Chemistry, Physcs, Materls Sci or rel + 2 yrs of exp in prodct engg. Salary: \$157,872 - \$207,000/yr. Exp may be gained while in graduate school. Plse email resume to resumes@lamresearch.com and ref Job #7589.

Work site: Fremont, CA.

Account Manager, wage \$75,837 to \$83,420 per year. **Operations & Planning Manager,** wage \$173,326 to \$180,000 per year. **Quality Manager,** wage \$173,326 to \$180,000 per year. Send resume to: Amax Engineering Corp. 1565 Reliance Way, Fremont, CA 94539

Materials Engineer: E & E Co., Ltd. dba JLA Home in Fremont, CA.

Evaluate & select textile materials, source new fabric to support product development. Master degree req'd. Fax resume to 510-490-2882 or e-mail: hrdept@jlahome.com

Process Engineer (Mult Pos), Lam Research Corporation, Fremont, CA.

Responsible for performing prof. process engg rsrch, dvlpmnt, & eval. in spprt of the company's complex semiconductor cptl equipment & systems. Req Master's deg or foreign equiv in Chem Engg, Elect Engg, Mech Engg, Physics, Chem, Materials Sci or rel + 2 yrs exp in process engg. Exp may be gained while in graduate school. Salary: \$135,761 - \$207,000/yr. Please email resume to resumes@lamresearch.com and reference Job #5973.

Mechanical Engineer (Mult Pos), Lam Research Corporation, Fremont, CA.

Assist in the concptlzation, mdeling, anlysis, dvlpmnt, docmntation & test/validation of hrdware associatd with new semicndctr equip. Req master's deg in Mech Engg, Sys Engg or a rel + 2 yrs of exp in Mech Engg role. Salary: \$107,120 - \$176,000/yr. Exp may be gained while in grad school. Please email resume to resumes@lamresearch.com and reference Job #7209.

Mechanical Engineer (Mult Pos), Lam Research Corporation, Fremont, CA.

Responsible for performing mechncl engg rsrch, dsgn, dvlpmnt, modification, & evaluation of mechncl systems & equipment. Req Bach's deg in Mechncl Engg, Systems Engg, Industrial Dsgn or rel + 5 yrs post-baccalaureate, progressive exp in mechncl engg role; OR Master's deg in Mechncl Engg, Systems Engg, Industrial Dsgn or rel + 3 yrs exp in mechncl engg. Exp may be gained while in graduate school. Salary: \$169,950 - \$207,000/yr. Please email resume to resumes@lamresearch.com and reference Job #4054.

LIFE CORNERSTONES

Birth

Marriage

Obituaries

For more information
510-494-1999
tricityvoice@aol.com



Fremont Chapel of the Roses
(510) 797-1900 FD1007
1940 Peralta Blvd., Fremont
www.fremontchapeloftheroses.com



Fremont Memorial Chapel
(510) 793-8900 FD 1115
3723 Peralta Blvd. Fremont
www.fremontmemorialchapel.com

Enriqueta "Titang" Arcaina
Resident of Union City
July 27, 1929 – June 12, 2023
Fremont Memorial Chapel

George Medeiros
Resident of Livermore
June 1, 1961 – June 14, 2023
Fremont Chapel of the Roses

Ken Drybrae
Resident of Fremont
May 1, 1940 – June 15, 2023
Fremont Chapel of the Roses

Max Carson Mutimer
Resident of Fremont
October 16, 2000 – June 12, 2023
Fremont Chapel of the Roses

Khojasteh Mehrabani
Resident of Fremont
April 28, 1950 – June 9, 2023
Fremont Chapel of the Roses

Bleu Mariah DeBardleben
Resident of Newark
July 10, 1979 – May 27, 2023
Fremont Chapel of the Roses

Anthony Chok Lau Lee
Resident of Union City
April 22, 1950 – June 8, 2023
Fremont Chapel of the Roses

Robert James Carnathan
Resident of Newark
March 2, 1935 – June 7, 2023
Fremont Chaple of the Roses

Michael Sa
Resident of Livermore
January 3, 1950 – June 4, 2023
Fremont Chapel of the Roses

Joseph Marra
Resident of Union City
June 1, 1938 – May 26, 2023
Fremont Chapel of the Roses

Rick Monize
Resident of Union City
March 9, 1948 – June 3, 2023
Fremont Chapel of the Roses

Jose Oliveira Garcia
Resident of Fremont
July 21, 1927 – June 2, 2023
Fremont Chapel of the Roses

Dominic "Nick" F. Chiaro
Resident of Fremont
December 28, 1935 – June 1, 2023
Fremont Chapel of the Roses

Georgette Benn Leake
Resident of Fremont
November 14, 1934 – May 25, 2023
Fremont Chapel of the Roses

Pamela Rachele McGiboney
Resident of Fremont
June 6, 1950 – May 23, 2023
Fremont Chapel of the Roses

Frank Freitas
Resident of Livermore
January 1, 1947 – May 29, 2023
Fremont Chapel of the Roses

Lloyd D. Hughes
Resident of Fremont
October 28, 1928 – May 27, 2023
Fremont Chapel of the Roses

Lynnette C. Weeks
Resident of Newark
April 3, 1952 – May 21, 2023
Fremont Chapel of the Roses

Carmen Bargas
Resident of Fremont
October 10, 1944 – May 20, 2023
Fremont Memorial Chapel



Berge • Pappas • Smith
Chapel of the Angels
(510) 656-1226
40842 Fremont Blvd, Fremont

Ram Singh
Resident of India
June 11, 1956 – June 16, 2023

Chi Kin Wong
Resident of Newark
July 16, 1975 – June 14, 2023

James McGuire
Resident of Fremont
May 30, 1951 – June 13, 2023

Huiqin Dou
Resident of Fremont
September 25, 1940 – June 13, 2023

John Mena
Resident of Fremont
August 3, 1930 – June 12, 2023

Gary Tom
Resident of Fremont
April 15, 1953 – June 12, 2023

Jose Bonilla
Resident of Fremont
January 30, 1942 – June 11, 2023

Ruchira Handa
Resident of San Jose
December 20, 1934 – June 11, 2023

Jose Bayani Manuel
Resident of Milpitas
August 9, 1964 – June 10, 2023

Juan Sibrian Martinez
Resident of San Mateo
August 7, 1977 – June 10, 2023

Michael Amaral
Resident of Fremont
November 20, 1955 – June 10, 2023

Locke Jorgensen
Resident of Fremont
August 30, 1948 – June 9, 2023

Antonio Tang
Resident of Fremont
October 10, 1927 – June 9, 2023

Susan Lopez
Resident of Fremont
January 4, 1951 – June 9, 2023

Elisa Guarducci
Resident of Newark
December 9, 1940 – June 9, 2023

Dattatreyyula Bethanabhotla
Resident of Fremont
May 6, 1954 – June 8, 2023

Jugal Barry
Resident of Palo Alto
January 7, 1931 – June 7, 2023

Mangala Eswaran
Resident of Fremont
July 7, 1942 – June 7, 2023

Padio Roering
Resident of Fremont
December 11, 1936 – June 5, 2023

Joel Thornley
Resident of Hayward
November 1, 1931 – June 4, 2023

Visvanathan Ramasubbaiyer
Resident of San Jose
May 17, 1928 – June 2, 2023

Sima Gupta
Resident of Richmond
October 27, 1973 – May 31, 2023

Pradipkumar Vaishnav
Resident of San Jose
May 19, 1956 – May 30, 2023

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What's Happening

510-494-1999
tricityvoice@aol.com

Wayne Bellmer
Resident of Fremont
May 16, 1947 – July 3, 2022
Fremont Memorial Chapel

Gilbert Daniel Robledo

November 30, 1956 - June 1, 2023

Gilbert Daniel Robledo passed away on June 1st, at the age of 66, surrounded by his loved ones. Gilbert was born to his parents Jesse and Mary Robledo on November 30th 1956 in Hayward, Ca. He is survived by Dolores Robledo (wife), Daniella Robledo (daughter), Hernan Gonzalez (son), Sylvia Sandoval (sister) and many loving nieces and nephews. He was a devoted husband, father, son, brother, uncle and friend too many. He is preceded in death by Mary Robledo (mother), Jesse Robledo Sr. (father), Jesse Robledo (brother), Irene Robledo (sister), and Adela Montano (sister).

Gilbert grew up with a family that loved music. He began his journey as a young musician in a family band known as Los Briantes with his bother Jesse on the guitar, sister Irene on the vocals and Gilbert on the drums. He later joined a well-known Tex-Mex band known as Vicio alongside his brother Jesse and friend Trino Ramirez and played all around the Bay Area. Gilbert continued his passion for music all throughout his life and was the lead drummer for his most recent band known as Mas Mojo. Gilbert attended James Logan



High School in Decoto, California and graduated class of 1975. He learned his passion for Auto Body and Paint when he joined the ROP program. Following graduation Gilbert enlisted in the United States Marine Corps. where he proudly served his country. When he returned back from overseas he continued to follow his passion for Auto Body and worked at some of the most prestiges body shops all throughout the Bay Area. After mastering his craft he decided to become a business owner and opened Gilbert's Body and Paint. Gilbert was a vintage car enthusiast and had a great collection of his own.

**Greer Family Mortuary and
Cremation Services**
510-865-3755

Michael David Sa

January 3, 1950 – June 4, 2023

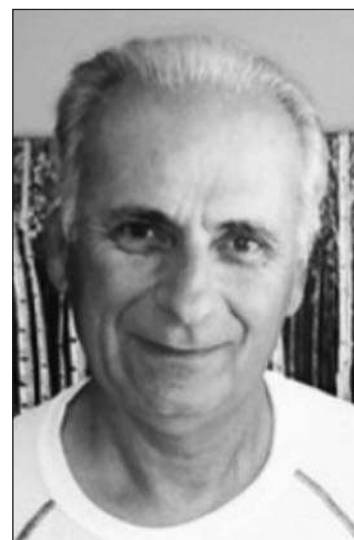
Resident of Livermore

Michael David Sa, affectionately known as Mike, passed away on June 4, 2023, leaving behind a legacy of love, family, and devotion. Born January 3, 1950, in San Jose, California, Mike's journey through life was marked by his unwavering faith, his commitment to his loved ones, and his passion for community and sports.

In 1980, he settled in Livermore, after residing in San Leandro and Fremont. He was a devout Catholic and found solace and strength in his faith throughout his life. In 1980, Mike married his beloved wife Christine Sa, and together they built a life filled with joy and cherished memories.

Mike was a dedicated father to his three sons, Michael (Jamie), Shawn (Becky), and Jonathan (Jessica). He was a pillar of support and encouragement, instilling in his children's values of hard work, integrity, and compassion. His love extended to his six grandchildren, Bryce, Brielle, Peyton, Wesley, Riley, and Elayna, who brought immeasurable joy to his life. Mike's face would light up with pride and delight whenever he saw his grandchildren.

As the oldest child of Arthur and Elaine Sa, Mike cherished his role as an older brother to Judy Silva and Tim Sa. He provided guidance and support to his siblings, and their bond was unbreakable throughout the years. Mike had a passion for sports and spent countless hours coaching baseball. From Livermore National Little League to Livermore High, Dublin High, and various travel baseball teams, he made a lasting impact on the lives of many young athletes. Mike's dedication and enthusiasm were infectious, leaving a lasting impression on those he coached. Outside of sports, Mike found joy in golfing, wood working, working on cars, and attending car shows. His creativity and craftsmanship were evident in his woodworking



projects, and he took great pleasure in pursuing these hobbies.

For 34 years, Mike served as a construction manager at Lawrence Livermore National Laboratory, dedicating his skills and expertise to his work. He approached his professional life with dedication and integrity, leaving a lasting mark on the organization.

In lieu of flowers, the family kindly requests donations to be made in Mike's name to the Alzheimer's Association. This cause held personal significance for Mike and his family. Your support would be deeply appreciated.

A Funeral Mass to honor Mike's life will be held on June 21st, 10 am at St. Augustine's Catholic Church. Following the Mass, a celebration of life will take place at 11:30 am at Callippe Golf Course. This gathering will be an opportunity for friends and loved ones to share stories and memories, celebrating the life of a man who touched the hearts of many.

Mike will be remembered for his unwavering love, his commitment to family, and his dedication to his community. His spirit will live on in the hearts of all those who had the privilege of knowing him. May his soul rest in eternal peace.

Fremont Chapel of the Roses
510-797-1900

Ronald Joseph Britto

The family of Ronald Joseph Britto is heartbroken to announce his death, June 5th 2023, from complications related to cancer.

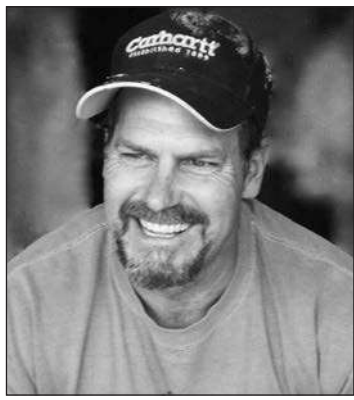
Ron will be greatly missed by his family, friends, and work mates. He was a caring, loyal, and hardworking man, with a sharp wit and infectious laugh. Everyone who knew Ron was keenly aware of his clever sense of humor. Though he put off a gruff exterior, his empathy, generosity, and friendship were always just below the surface. He loved animals, and cooking, and he loved to travel and be in the outdoors where he could partake in other passions such as fishing, hiking, and prospecting. Whatever he was doing, he was living life fully.

Ron had many friends, from childhood, from work, and other places throughout the country. He could make friends easily, and once a friendship was made, he was dedicated, and loyal to it.

Ron was born in San Jose, California on October 28th 1963. Soon after his birth, the family (which by then consisted of four older sisters and one older brother) moved to Fremont, CA, where he grew up. Ron often talked about an idyllic childhood with lots of freedom, and friends, and choices. He was very grateful for that childhood. Having been raised by a father who was in combat during WWII, the message of what we fought for, and why it was precious was part of his upbringing.

Ron had a typical school life, and during those years he participated in Little League baseball and Pop Warner football. Later he also joined the Naval Cadet program.

He graduated from Irvington High School in 1981 and went immediately into the work world. He was employed with a few different firms in the field of chemical storage testing. He enjoyed the technical aspects of the work, and the clear benefits this work was having on the environment. He eventually left that field for work in heavy construction. He lived in various cities in the Bay Area and



Northern California, including Niles, Roseville, and Lincoln, where he bought a home, and lived for the last 11 years.

Though he faced many difficulties as a single man keeping up with home maintenance, and a mortgage, on a single income, these were also his most rewarding years. His long-time employer Westcon was building interesting and challenging projects that he enjoyed, but he also found a family feeling there that he missed. When he became ill, his work family, his friends, his siblings and other relatives were all there to help, and to visit.

Ron was preceded in death by his father, John L. Britto and his loving mother Carolyn J. Britto. He is survived by his sisters Susan, Linda, Peggy and Patti, his brother John, and their respective spouses. Ron is also survived by his many cousins, nieces, and nephews. He leaves behind those many friends he made and kept on his journey through life, from his early childhood to the home care and hospice caregivers that he met in his last days.

Ron was a loving friend, brother, and mentor, and he will be deeply missed by all who knew him. Wherever you are, please raise a glass, and smile in honor of Ron. A memorial celebration will be held in his honor.

In lieu of flowers the family suggests that donations could be made to:

- melanoma research (Melanoma Research Foundation)
- immunotherapy research (Cancer Research Institute)
- cat rescue (FieldHaven Feline Center in Lincoln California)

Khojasteh Mitra Dadnam Mehrabani

April 28, 1950 – June 9, 2023

Resident of Fremont



Please, we kindly ask for those attending to wear all white.

In the traditional Zoroastrian culture, white represents purity, and if you decide to bring flowers, please try to select more white flowers.

Thank you, Mehrabani Family.

Funeral Services
Tuesday, June 20, 2023

Prayer and Services
Doors open at 9:00am
Prayer starts at 9:30am

Location:
Fremont Chapel of the Roses
1940 Peralta Blvd
Fremont, CA 94536

Then we leave at 10:30am from Fremont Chapel of the Roses and head over to Chapel of the Chimes in Hayward.

Burial will be at 11:00am

Location:
Chapel of the Chimes
Hayward
32992 Mission Blvd
Hayward, CA 94544

After burial we will head over to Royal Palace Banquet Hall for food and celebration of Life for my mother.

Doors open from 12:00pm to 2:00pm

Location:
Royal Palace Banquet Hall
6064 Stevenson Blvd
Fremont, CA 94538

Fremont Chapel of the Roses
510-797-1900

NOTICE OF POTENTIAL REPURPOSE OR REIMBURSEMENT OF FUNDS DONATED TO ST. JOSEPH PARISH IN FREMONT, FOR THE "TO BUILD CHURCH" PROJECT FROM 1999-2022.

St. Joseph Parish, 43148 Mission Boulevard, Fremont, wishes to inform donors who donated from 1999-2022 to their "To Build Church" campaign of the opportunity to repurpose donated funds to the current needs of the parish, or to receive a reimbursement of their donated funds. This includes heirs of deceased donors. Donors may contact Gina Mehta, Parish Business Manager, for more information at 510-656-2364 ext. 100 or unwindingprocess@saintjosephmsj.org.

George Medeiros

June 1, 1961 – June 14, 2023

Resident of Livermore

George Joseph Medeiros was born June 1, 1961 and passed on June 14, 2023 at the age of 62. He was a resident of Livermore, Ca, formally of Union City, Ca. George is survived by wife Tamara Medeiros, daughter Taylor, son Michael, bonus kids Carly Nagle and Fiance Nicolas Funkenstein, and Jessica Rogers, husband Nick, and grandchildren Juliette, Glenna, and Grant Rogers. Parents Jose and Gabriela Medeiros and sister Nelia Medeiros. Brother Jerry Medeiros, wife Christine Medeiros and niece Elizabeth Quadros, husband Daniel Quadros and great-nephews Daniel Jr and Tyler Quadros. Niece Candace Medeiros and spouse Imani Thomas, great-niece Teneille and great-nephew Tatum Thomas. Nephew Jerry Medeiros and spouse Brittany Schaffer, great-nephew Jaxon and great-niece Kaydence. Niece Jordyn Medeiros.

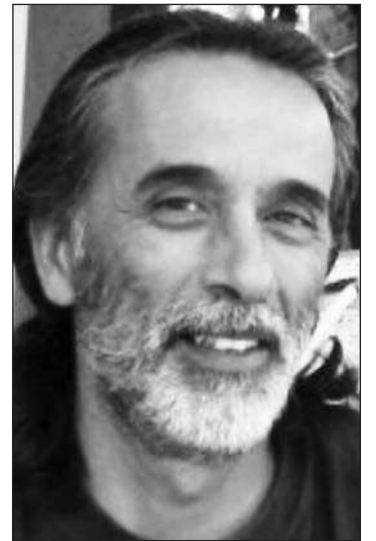
George has worked at United Airlines at San Francisco International Airport as an

Aircraft Maintenance Technician SFOMM, Super Bay, Ramp 12, since November 4, 1985. The people he worked with became his second family and he genuinely enjoyed going to work and spending time with his coworkers every day.

George was a collector of many things such as Hot Wheels, Beanie Babies, Budweiser Steins, aluminum cans, and glass bottles. Growing up, he enjoyed working on classic cars, going to car shows, Raider and A's games, and hanging out at the Great Entertainer.

George loved and valued his family time very much. He stopped at his parents' house multiple times every week to visit. He would get down on his hands and knees no matter his age to play with his grandkids, nieces and nephew, and great nieces and nephews. George had a great sense of humor and liked to tease any and everyone. He would joke with his nieces on which one was the favorite just to get a rise out of them.

George was selfless and willing to help the people he loved no



matter what. He will be the missing piece that we will all always feel.

Visitation will be held on Sunday, June 25, from 2-4pm with a Chapel Service starting at 4pm at Fremont Chapel of the Roses, 1940 Peralta Blvd, Fremont, Ca 94536. A repass will follow at the A.D.E.S Portuguese Hall of Alvarado, 30846 Watkins St., Union City, Ca 94587.

Fremont Chapel of the Roses
510-797-1900

EARTHTALK

What Plants & Trees Are Best To Plant In My Yard?

BY CASSIE CUNNIFF

Dear EarthTalk: I would like to plant a few new trees in my backyard, and am looking for guidance on which species are native and would benefit the local ecosystem. Where can I find this kind of information?

— Susan T., Bangor, ME

Home gardening is a great way to spend time outside, improve local ecosystems and learn more about botany and plants. When it comes to household gardening, natives are the key to success. Planting native species has numerous benefits, including providing food and habitat for other native species, especially pollinators. Another important benefit is that native trees will thrive and spread naturally if they are planted in their native environment and suitable climate.

If you choose the plants and trees in your yard carefully you can beautify your surroundings and help increase biodiversity.

In order to plant the most well-suited flora for your garden to support a holistic, healthy

ecosystem, here are some general principles to follow. As previously mentioned, go native! Secondly, look for pollinator friendly species. On a similar note, it could help to do some research on what species, both flora and fauna, are endangered or threatened in your area. Planting threatened tree species can help to support and grow their population numbers. Similarly, finding out which animal species are threatened and planting trees that could be beneficial to their survival would also be beneficial to supporting the local ecosystem. Finally, planting a variety of trees is a great way to support local biodiversity. High biodiversity levels support healthy, productive ecosystems.

Finding just the right species that ticks off all the boxes can be a daunting task. Luckily, there is a plethora of tools out there that can help. For example, Tree Wizard is a tool that helps find tree species that are suitable for specific climates and soil types. Another useful tool is the United States Department of Agriculture (USDA) Climate Change Tree Atlas. This tool specifically looks at how different species' suitable ranges will change as a result of rising temperatures. This is a helpful tool for determining what tree species will thrive in the future in your area. You can also do research on which species are native to your specific state or region. Most states have an inventory of native trees available through their Department of

Natural Resources, as well as an inventory of native animal species.

The bottom line is that planting trees, especially native ones, is massively beneficial to the ecosystem, and is an important step in fighting climate change. Trees provide major ecosystem services, especially carbon sequestration (removing carbon from the air). Trees store large amounts of carbon, and planting large numbers of them can create carbon sinks (defined as anything that absorbs more carbon from the atmosphere than it releases), decreasing the amount of greenhouse gases in the atmosphere. Other ecosystem services provided by trees include increases in biodiversity, support for local populations, and protecting soils from erosion and chemical runoff, which can help to keep water sources clean. Trees are the key to our future, so it is crucial that we do it right!

ONLINE CONTACTS

- Arbor Day Tree Wizard
www.arborday.org/shopping/trees/treewizard/intro.cfm
- USDA Climate Change Tree Atlas
www.fs.usda.gov/nrs/atlas/

EarthTalk® is produced by Roddy Scheer & Doug Moss for the 501(c)3 nonprofit EarthTalk. See more at <https://emagazine.com>. To donate, visit <https://earthtalk.org>. Send questions to: question@earthtalk.org.

Milpitas Unified School District

June 13, 2023

Consent Items

- Approve Memorandum of Understanding (MOU) between Milpitas Adult Education and Adventus Education LLC DBA HarperRand
- Approve Single Plans for Student Achievement (SPSA's) for Calaveras Hills High School
- Approve agreement between Effective School Solutions, LLC (ESS) and Milpitas Unified School District
- Renew the Imagine Learning Contract (Edgenuity) for the 2023-2024 school year
- Approve agreement with Little Heroes for the 2023-2024 School Year at Randall Elementary School
- Approve RAFT Camp in a Box Program (amended)

- Approve Imagine Learning Contract (Edgenuity) for Summer School 2023
- Approve Air Tutors Agreement for Milpitas Unified School District
- Accept donations to Milpitas Unified School District
- Approve the Notice of Completion for Engie Services U.S., Inc. for the MHS Solar Project
- Approve the Superintendent's Authority to Execute Contracts through the end of August 2023
- Approve Signet Testing Labs, Inc.'s agreement for MUSD Innovation Campus Phase II
- Approve Purchase Order Report of June 13, 2023
- Approve Jahn Plumbing's agreement for Irrigation Repair at Rancho
- Adopt resolution 2023.39 authorized signatures
- Approve the revised agreement for Completion of Public Improvements for MUSD Innovation Campus with City of Milpitas
- Award RFP#2023-02 to Crystal Creamery to Supply

- Dairy Products for the 2023-2024 School Year
 - Award RFP#2023-03 to The Danielsen Company to Supply Food & Nutrition Products for the 2023- 2024 School Year
 - Award RFP#2023-04 to P&R Paper Supply Company, Inc. to Supply Paper Products for the 2023-2024 School Year
 - Award RFP#2023-05 to Freshpoint to Supply Fresh Produce for the 2023-2024 School Year
 - Award RFP#2023-06 to Athens Bakery to Supply Fresh Bakery for the 2023-2024 School Year
 - Approve Amendment #2 for Blach Construction for Innovation Campus Phase II
 - Approve the Lease Amendment with Calaveras Montessori
 - Approve Personnel Report of June 13, 2023
- | | |
|-------------------------|-----|
| President Chris Norwood | Aye |
| Hai Ngo | Aye |
| Kelly Yip-Chuan | Aye |
| Anu Nakka | Aye |
| Robert Jung | Aye |

Milpitas City Council

June 6, 2023

Public Hearings

- Amend the Classification Plan, to authorize additional positions and amend budgeted allocated positions for Human Resources Manager. Vote: Aye 4, Nay 0, Abstain 1 (Lien)

Consent Calendar

- Grant acceptance of Delano Manongs Park Sports Field (formerly known as McCandless Park Sports Field), authorizing a Notice of Completion
- Approve project plans & specifications and award the construction contract to Joseph J. Albanese Inc. for the Street Resurfacing Project
- Authorize the purchase order with Code 3 Technology for 32 Getac ruggedized laptop computers

- Approved the Parks and Recreation donation for a Memorial Bench for Mikhaila Saso
- Approve a fee waiver for the Samuel Ayer High School Annual Reunion at Murphy Park on September 16, 2023
- Approve a fee waiver for the Filipino Chamber of Commerce Business Seminar at the Milpitas Community Center on June 24, 2023.
- Approve the submittal of an application for Land and Water Conservation grant funds from the State Department of Parks and Recreation

Mayor Carmen Montano	Aye
Evelyn Chua	Aye
Gary Barbadillo	Aye
Hon Lien	Aye
Anthony Phan	Aye

BART Police Log

SUBMITTED BY BART PD AND LES MENSINGER

Thursday, June 8

- At 8:07 p.m. a man police identified as Santos Sevilla'licona, 37, of Oakland was contacted for casing/pulling door handles in the parking lot at San Leandro Station. Sevilla'licona was arrested for possession of methamphetamine with intent to sell.

Friday, June 9

- At 7:43 p.m. a man police identified as Robert Reese, 37, of San Leandro was contacted underneath the aerial trackway near Bay Fair Station. Reese was arrested for an outstanding warrant and booked into Alameda County Jail.

Saturday, June 10

- At 5:10 p.m. an officer at Warm Springs Station

- administered one dose of NARCAN to an unresponsive male who appeared to be suffering from an apparent drug overdose. The male was transported to an area hospital for further medical treatment.
- At 7:30 p.m. a man police identified as Brian Sassman, 41, and a transient, was contacted for fare evasion at Bay Fair Station. Sassman was arrested for probation violation, an outstanding warrant, possession of a controlled substance and possession of drug paraphernalia. He was booked into Alameda County Jail.
- At 8:52 p.m. a person police identified as Joaquin Lejabixocl, 36, of Hayward was contacted inside the paid area of Hayward Station. Lejabixocl was arrested for public intoxication and an outstanding warrant. He was booked into Alameda County Jail. Lejabixocl was not in possession of valid fare media.
- Sunday, June 11**
- At 5:43 p.m. a person police identified as Paris Renney, 34, of Oakland was contacted in the bus zone at San Leandro Station. A

- record check revealed Renney had six outstanding warrants. Renney was arrested and booked into Santa Rita Jail.
- Tuesday, June 13**
- At 7:24 a.m. a person police identified as Deveion Byrd, 25, of Oakland was contacted during a welfare check on a train at Bay Fair Station and did not have proof of payment. Byrd was arrested on an outstanding robbery warrant and booked at Santa Rita Jail.
- Wednesday, June 14**
- At 9:05 a.m. a man police identified as Frank Blair, 40, of Hayward was contacted on a train at Hayward Station. He was arrested for possession of a leaded weapon and an outstanding warrant. Blair possessed proof of payment and was booked into Santa Rita Jail.
- Thursday, June 15**
- At 9:39 p.m. a man identified as Steven Scott, 41, of San Francisco was contacted at Hayward Station. He was arrested for three outstanding warrants and booked into Santa Rita Jail.

New Haven Unified School District

June 6, 2023

Consent Agenda

- Amend agreement for Architectural Services with Plum Architects, Inc. for various projects at Hillview Crest Elementary School
- Approval of agreement with DSK Architects for Professional Services for the track and field, Drop-Off Zone, and Fencing Project at Cesar Chavez Middle School and Itliong-Vera Cruz Middle School
- Approval of Chromebook Filtering Licensing through Howard Technology Solutions for 2023-24
- Approval of Data and Assessment Management System with Renaissance Learning, Inc. for 2023-24
- Approval of Memorandum of Understanding with Filipino Advocates for Justice for 2023-24, 2024-25
- Approval of Memorandum of Understanding with

- Project Eden/Horizon Services, Inc. for 2023-24, 2024-25
- Approval of Memorandum of Understanding with Portia Bell Hume Center for 2023-24, 2024-25
- Approval of Memorandum of Understanding with Santa Clara County Office of Education for 2023-24
- Approval of agreement with West Coast Strategic Consulting Services as Local Control Accountability Plan External Evaluator for 2023-24
- Approval of agreement between UCFC-C and West Coast Strategic Consulting Services for 2023-24
- Approval of Memorandum of Understanding with La Familia for 2023-24, 2024-25
- Approval of Memorandum of Understanding with Seneca Family of Agencies for 2023-24, 2024-25
- Approval of Memorandum of Understanding with SPP-TAP TA Facilitator, Suwinder Cooper for 2023-24

President Lance Nishihira	Aye
Shruti Kumar	Absent
Michael Gonzales	Aye
Shamsa Rafay	Aye
Mel Shuen-Mallory	Aye

Hayward Police Log

SUBMITTED BY THE HAYWARD PD

Wednesday, June 14

- Special Duty Unit (SDU) investigated a series of shootings that led to a man with prior illegal gun possession and felony evasion charges.
- Of these prior cases, in multiple county jurisdictions, three were within the last two months, and he was taken into custody after fleeing from officers each time.
- During the most recent investigation, SDU wrote a search

warrant for the man's residence in Oakland, which was approved and executed. A loaded handgun was recovered, along with marijuana packaged for illegal sales, ammunition, and numerous handgun and rifle magazines. The man was arrested. Two other adults were at the home during the search and were also taken into custody; one had arrest warrants for an unrelated investigation, and another tried to run away when officers arrived on scene.

San Leandro Police Log

SUBMITTED BY SAN LEANDRO PD

Tuesday, June 13

- About 9:10 p.m., San Leandro Police Department received multiple calls regarding a shooting in front of the St. Moritz Garden Apartments at 14744 Washington Avenue. When officers arrived on scene, they located two males, 16 and 17 years of age suffering from

gunshot wounds. Officers began administering aid to the victims, who were transported to a local hospital. Unfortunately, the 16-year-old succumbed to his injuries, while the 17-year-old is in stable condition. Police will not be releasing any more information regarding this shooting at this time as this is an ongoing investigation. If you have any information regarding this incident, please contact the San Leandro Police Department at 510-577-2740 or submit a tip anonymously by texting TipSLPolice along with your tip to 888777.

Conor McGregor knocks out Heat mascot in bizarre promotion at NBA Finals

ASSOCIATED PRESS

Former UFC champion Conor McGregor knocked out the Miami Heat mascot in a midgame bit that went wrong. Burnie — more specifically, the man who occupies Burnie's costume — briefly sought medical attention Friday night after taking two punches from McGregor during a third-quarter stoppage of Game 4 of the NBA Finals between the Heat and the Denver Nuggets.

The Heat said Saturday that the employee, who was not identified, received pain medication and was resting at home. McGregor was there as a promotional gimmick for a pain-relief spray — and was booed by many in the Miami crowd even before the bit started. The flame mascot was wearing oversized boxing gloves and a robe akin to what a fighter would wear entering the ring for a bout. McGregor hit Burnie with a left hook, knocking him down, then punched the mascot again after he hit the floor. McGregor then tried to “spray” the mascot with the pain-relief product, while several members of the Heat's in-game promotional team dragged Burnie off the court. McGregor hasn't fought since injuring his left leg in a loss to Dustin Poirier at UFC 264 in July 2021. His last win came in January 2020.

Man in police custody falls to death after breaking California hospital window with oxygen tank

ASSOCIATED PRESS

A man in police custody died Thursday, May 25th in Northern California after he broke a hospital's window with a metal oxygen tank and fell off a ledge following an altercation with an officer and a nurse, authorities said.

The man was in custody because he had allegedly violated a court order, according to San Jose police. Officers took him to the hospital for an unspecified pre-existing medical condition. The man is accused of assaulting an officer and threatening to hit the officer and a nurse with the oxygen tank, police said. They left from the room and called for more help. The man broke the window with the oxygen tank while he was alone in the hospital room and jumped out onto a ledge, the police department said. The officer and two hospital security guards went back into the room to stop the man's escape attempt, but he fell 20 feet (6.10 meters) from the ledge. The man sustained life-threatening injuries and was pronounced dead at a different hospital. His death in police custody is under investigation.

SPORTS

Cougars Girls Summer Basketball Camp

SUBMITTED BY DARRYL REINA

For the past 20-years, the annual Cougars Girls Basketball Camp has provided excellent instruction and opportunity to improve the basketball skills of over 1,000 girls.

This summer's basketball camp program will be offered at the Silliman Activity Center Gymnasium in Newark, July 10-14.

The two primary goals of the basketball camp are that each camper should have fun and learn to become the best player that she can possibly be. The camp staff works toward these goals in every camp drill and activity. Newark Memorial Girls Varsity Coach and Camp Director Darryl Reina believes that

basketball must be fun and that players should look forward to being in the gym as often as they can. Campers will also work on the goal of being the best they can be, by learning to play the game correctly.

The following grade groups are being offered: 1st-3rd grade, 4th-5th grade, and 6th-8th grade

To register go to the City of Newark Recreation website at <http://www.newark.org> or register in-person at the Silliman Activity Center.

Cougar Girls Summer Basketball Camp
Monday – Friday July 10 – 14
9 a.m. – 12 noon
Silliman Activity Center
6800 Mowry Avenue, Newark
<http://www.newark.org>

Guardians vs. Guardians: Major League T.O.C Championship

BY APRIL RAMOS

The Major League Tournament of Champions final game was held on the sunny Saturday of June 17 at Fremont's Marshall Park. Fighting through the brackets both the Guardian teams, of Niles-Centerville and Fremont-Centerville, made it to the final round, giving them the chance to claim the District 14 U-12 division.

Niles-Centerville was first at bat. Only a few minutes into the game Niles got a hit into the outfield, claiming the first run of the game.

In the bottom of the second inning Fremont's defense was alert with communication getting multiple Niles players out. Keeping that energy up, Fremont's batter got a ground ball hit toward second base. The ground ball slipped past the second baseman's glove giving Fremont the time to complete a run, tying the game in the third inning 1-1.

Fremont had a player secured on first base in the fifth inning. Max Shaw of Fremont-Centerville got a strong hit into the outfield, successfully getting a player to home plate. This put the team in the lead for the first time in the game at 1-2.

At the top of the last inning, Niles had their last chance to turn the game around, and they delivered. With the bases loaded at the top of the sixth, Niles Guardians' batter executed great contact sending the ball far into the outfield. All three of their players made it back to home base making the final score 2-4.

Both Niles-Centerville and Fremont-Centerville teams showed their skills and communication from the field and in the dugout. The sense of support, sportsmanship and excitement was seen from players, coaches and spectators alike, ending the season on a note that both teams can be proud of.



Niles Centerville Little League



SUBMITTED BY NILES-CENTERVILLE LITTLE LEAGUE

On Sunday, June 11 Niles-Centerville intermediate Giants team won the California

District 14 TOC Championship game against Newark Little League. The game's final score was 6-5. Congrats to the 2023 CA Division 14 Intermediate 50/70 Champions!



Niles-Centerville Major Guardians, T.O.C Champions



Talk to GUPTA Team for Home Buying or Selling Call 510-697-7750





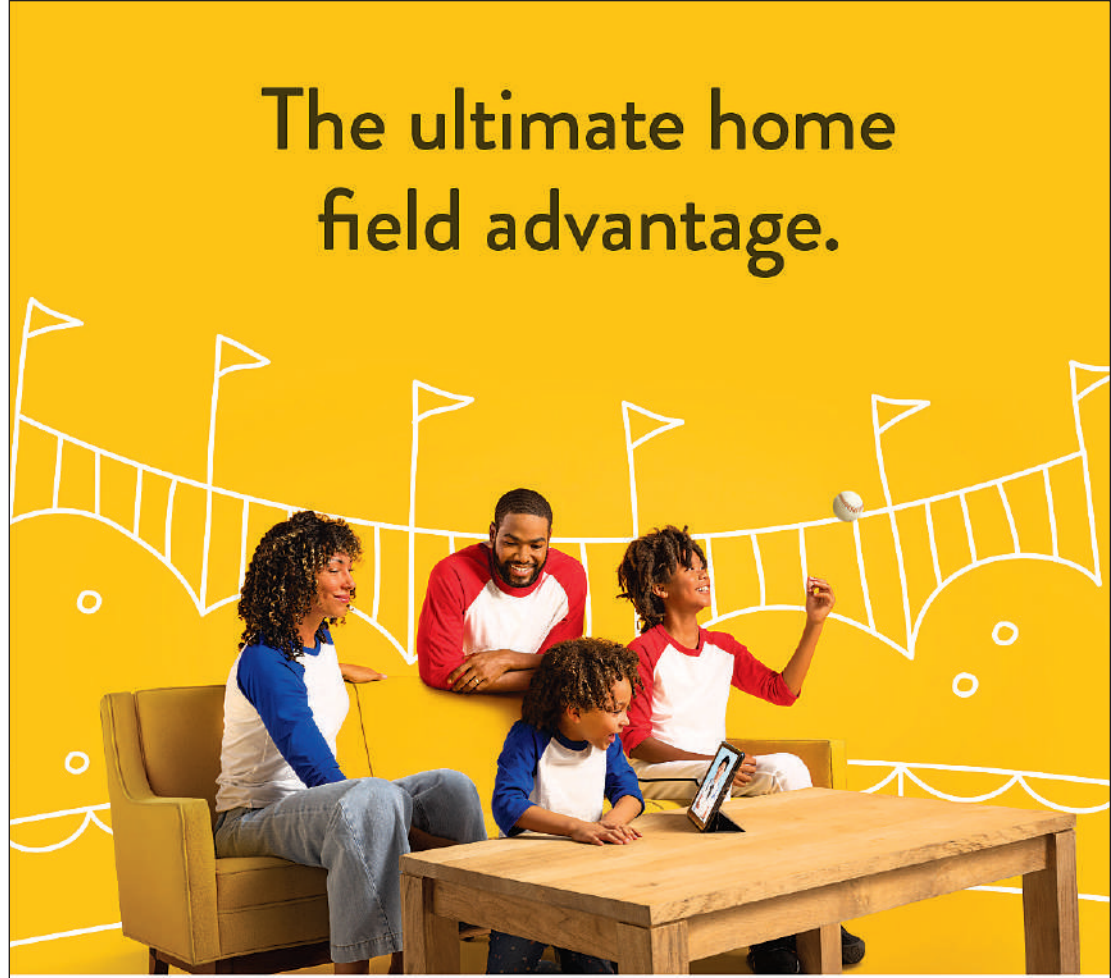
Rajeev Gupta
Home Sales Specialist
Remax Accord
CA DRE # 01232943
39644 Mission Blvd., Fremont
20 + Years Experience



Monica Gupta
Home Loan Specialist
Home Advantage
CA DRE # 01424265, NMLS # 343986
702 Brown Road, Fremont
15 + Years Experience

Meet Our Happy Clients www.realtytrain.com/clients

www.realtytrain.com CA Lic. Broker



The ultimate home field advantage.

After Party returns to 4th of July Parade

SUBMITTED BY
KATHY KIMBERLIN

Calling all 4th of July Weekend Warriors! If you're looking for a fun and free activity to do AFTER you attend this year's Fremont 4th of July Parade, Tri-City Nonprofit Coalition (TCNPC) has a free and convenient option that's perfect for you, your family, and friends: its 2nd Annual 4th of July After-Party!

Held at Fremont's Downtown Event Center, the after party will kick off at 11 a.m., directly after the parade concludes. Simply walk from the Paseo Padre Parkway parade route over to the event center and enjoy a community gathering designed to showcase more than 20 Tri-Cities nonprofits representing a wide range of initiatives, including environment, health and human services, and arts.

Exhibitors will provide abundant information about their programs and events and will also offer hands-on activities for kids and giveaways! Fremont-based Music Plus Events will provide music, and performers from Starstruck Theatre, Dream Achievers, and Music for Minors II will entertain from the plaza's stage.

Food and beverage options will be available from Food Truck Mafia vendors, and beer may be purchased from local brewer Das Brew.

Event sponsors include Alameda County David Haubert, District 1 (Presenting Sponsor); other sponsors include Fremont Chamber of Commerce (community partner), Citizens for a Better Community (entertainment), Tri-City Voice (media), and Collective Discovery (communication). For more information, visit www.tcnpc.org.



TCNPC's 2nd Annual 4th of July After-Party
Tuesday, Jul 4
11:00 a.m. - 1:30 p.m.
Fremont Downtown Event Center
3500 Capitol Ave., Fremont
www.tcnpc.org
<https://fremont4th.org/>




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Children's Health

Virtual visits or in-person visits at Bayside Medical Group

genpeds.stanfordchildrens.org



REGISTRATION IS OPEN!
LOV - The League of Volunteers
23rd Annual Frank Sisk Golf Tournament
Friday June 23rd, 2023

\$169 individual registration fee
\$596 golf foursome (only \$149 each)
Includes green fees, cart, range balls, tee prizes, dinner & presentation, and special awards.

Check in - 11:00AM
Putting Contest - 11:00AM - 12:15PM
Shotgun Start - 1:00PM
Scramble Format
Dinner to Follow

POPPY RIDGE
LIVERMORE, CA
4280 GREENVILLE ROAD, LIVERMORE CA 94550

Frank Sisk GOLF TOURNAMENT

Register Here
Scan me

For More Info:
donna.larck-sisk@lov.org
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(510) 793-5683

League of Volunteers - LOV
8440 Central Ave, Suite A/B, Newark, CA 94560
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